

THE PHYSICIAN'S  
AND PATIENT'S  
HANDBOOK  
FOR  
HEALING

PHILLIP GOLDFEDDER, M.D.

# THE PHYSICIAN'S AND PATIENT'S HANDBOOK FOR HEALING

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## DEDICATION

**T**his book is dedicated to you, my colleagues, the devoted doctors throughout the world, who have committed your lives to become involved with every aspect of your patients' health, medical care, and welfare. It is an honor and a privilege to communicate with you godly men and women through this hands-on supernatural-healing handbook. This teaching is available to you regardless of where you live, practice, or the particular field of medicine through which you treat your patients as you endeavor to doctor them back to great health.

The secret here is that God teaches you with truthful judgment because you already have Him advising you as your built-in Mentor and the Chief of your specialty. *"[And he trains each of them correctly] for his God instructs him correctly and teaches him"* (Isaiah 28:26).

This book has been written in total recognition of the thousands and thousands of your patients who have been blessed and restored through your faithful service. These include the infinite number of patients who would have otherwise died were it not for your loyalty, perseverance, devotion, and commitment.

May this *Handbook for Healing* be of great help in your wonderful work that touches so many lives.

## EPIGRAPH

***“Luke the beloved physician and Demas salute you”***

—COLOSSIANS 4:14

The physician Luke sends his greeting—one who treated people medically just as doctors do today.

*My vision, as a church-based healing ministry,  
Is committed to demonstrate  
God’s love to the world,  
Through the gospel,  
To heal and deliver all those,  
From sickness and disease,  
By laying hands on them,  
Rather than with medicine,  
Or the scalpel,  
In the spirit of unity,  
Bringing salvation to the lost,  
Discipling believers,  
And returning the Saints  
To a God-fearing church.*

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# INTRODUCTION

**T**his book is written for both physicians and patients. However, as one with a lifetime career as a medical doctor, I fully realize that far more patients practice prayer as part of their daily lives than do physicians. This is not to say that doctors are not Christians—I have met scores of men and women in this field who are people of faith. But it is rare that spiritual healing becomes part of their practice.

It seems there has been an invisible wall built between doctor and patient regarding spiritual matters—as if it is a topic not to be broached.

I believe the average patient would like nothing more than to hear a doctor say at the end of an office visit (after giving a medical diagnosis), “I also want you to know that I am praying for you.”

Wow! Would that ever change the physician-patient relationship.

This brings me to the focus of this handbook. Since I know that the vast majority of patients desire a spiritual component to health issues, I am turning most of my attention directly to doctors. Why? Because if we can see a transformation in how medicine is practiced, not only will patients see greater improvement, but there will be a new dynamic introduced to the field of health.

So, please understand that when I am speaking

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directly to doctors, I am doing so on behalf of you the patient.

The purpose of this handbook, therefore, is to encourage you, as a physician, to understand the eternal realities we are dealing with in today's world. As an influential leader and teacher in the medical field, you are uniquely qualified to bring the light of Jesus Christ and His power to those in need. You can become an evangelistic leader in your community, and you can help to establish true hospitals within the Church.

So many churches are experiencing spiritual starvation, and there is only one treatment for this condition—round-the-clock feeding by those who are equipped to engage in spiritual warfare. God wants His healing-deliverance power to be manifested in His Church. This will happen as leaders such as you learn to use His Word as the sword of the Spirit. As this takes place, worldwide revival will happen. In fact, this is the only way that such a spiritual awakening will become reality.

Our heavenly Father is calling us back into fellowship, relationship, commitment, and unity. It is only when this happens that we can become a victorious, united army under His leadership.

## MAGNIFY YOUR MEDICAL TRAINING

Whether you realize it or not, as a doctor you have been trained to care for the sick and injured through God. It is His power of healing that you are administering to your patients. This has taken place in the spiritual realm ever since you finished your medical training. Whether you know it or not, you are God's instrument of healing.



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Knowing this, you can now take the wisdom and knowledge you have acquired and apply it to the spiritual realm within your healing ministry. This will magnify your medical training a hundredfold, leading you into spiritual revelations that come from your utilization of the Word of God in your vitally important work.

This book is your short-term residency in the Holy Ghost, a supernatural graduate program that goes beyond the M.D. level. You might be wondering how all of this can happen. You simply incorporate the power and wisdom of the Holy Spirit into your work as you use your skills in the diagnosis and treatment of your patients. This will bring a wonderful balance into your practice by combining spiritual healing and deliverance with medical and physical treatment.

All that's required is a simple adjustment in your approach and your mind-set—a paradigm shift in your world view and the way you approach problems. I know you want to have the proper attitude—a deep desire to care for your patients. Believe me, basic spiritual foundations and the application of scriptural knowledge to your work will help you be more effective in all that you do.

I would like to point out to you that I'm not talking about knowledge in general, because that's not true knowledge. True knowledge is the knowledge of God. Worldly knowledge will puff you up, but knowledge of Him will build you up.

There is a level of spiritual life that will enable you to go beyond simply believing in miracles to actually living in them! This is why I've written this book. I want you to live in the supernatural realm on a daily basis so that you

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will be able to bring that realm to your patients. I want you to experience that higher dimension of reality in the spirit realm. It will make all the difference in the world to your whole life and your medical practice.

## THE GREATEST MIRACLE

Let's get right into this by speaking the following prayer of Salvation out loud even by yourself so you can guarantee your eternity.

This is truly the greatest miracle that could ever happen to you, even beyond getting healed, which you will continue to learn about in your reading:

*“Jesus, I need You. Thank You for dying on the cross for my sins. I open the door of my heart and life and receive You as my Savior and Lord. Thank You for forgiving my sins and giving me eternal life. Take control of my life and make me the kind of person You want me to be.”*

The apostle Paul writes, *“Do you not discern and understand that you [the whole church at Corinth] are God's temple (His sanctuary), and that God's Spirit has His permanent dwelling in you [to be at home in you, collectively as a church and also individually]?”* (1 Corinthians 3:16).

The Kingdom of God is within you. His power is at work within you. The Holy Spirit—a veritable dynamo of spiritual power and energy—lives inside you and wants to flow out from your life. You can let His power flow into the bodies, souls, and spirits of those you

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minister to. This, then, is your personal handbook.

The greatest doctor who ever lived—Jesus Christ—will personally train and guide you, as you read and follow its principles.

### AN EXHILARATING ADVENTURE

Dear doctor, it's time for you to fulfill your full destiny as a physician by incorporating spiritual principles of the Great Physician in your important work. These are the closing hours of civilization, and the world is crying for revival, restoration, and the glory of the Lord.

You will play a vital part in the fulfillment of this prophetic word: *“But [the time is coming when] the earth shall be filled with the knowledge of the glory of the Lord as the waters cover the sea”* (Habakkuk 2:14).

As you begin this exciting, new approach—this exhilarating adventure—remember that love is the power charge that is necessary for success in life. Spiritual victory involves the application of love and compassion to every situation you face. Let God's love flow to all those you come in contact with, and keep a gentle spirit as you minister to your patients.

We can confront the darkness in our world and become agents of change in our society. With God's help we can turn around the challenging conditions we see and face every day. In the power of the Holy Spirit we can come against the forces of evil that are manipulating so many people and conditions throughout the world.

Let God take control of your life. Let Him dwell richly within you. Set your heart on keeping the Lord's

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commandments. Speak the name of Jesus with confidence and authority as you minister healing to your patients. Use this handbook as a spiritual resource for your life and career.

In its pages you will learn how to apply spiritual healing and deliverance principles that will enable you to give supernatural hope to your patients, even when they face physical conditions that seem to be hopeless. Remember, with God nothing is impossible, and He is the God of all hope.

As one physician to another, please realize that I understand your challenges, and I know what you are going through. I've written this book to help you. I believe there is so much more for you. In truth, I know there is, because I've experienced it. Stay open. Let God lead you and fill you. I can assure you that your life and practice will never be the same. God bless you!

In Christ.

*– Phil Goldfedder, M.D*

ONE

# SICKNESS VS. HEALTH

One of the major challenges I faced throughout my career in medicine was attempting to understand why many people seem to prefer living with their sicknesses and diseases rather than choosing to live in health and vitality. In such cases their illnesses have such a stronghold on them that it is as if they view their sickness as a blessing rather than as the curse it actually is.

As my healing and deliverance ministry developed, I began to notice this phenomenon much more vividly, and frequently, so I began to seek revelation from the Lord about it. He showed me many important things, and I believe when you have His revelation, you also have His authority.

The Holy Spirit spoke through Isaiah the prophet, and these words remain true today: *“Make the heart of this people fat; and make their ears heavy and shut their eyes, lest they see with their eyes and hear with their ears and understand with their hearts and turn again and be healed. Then said I, Lord, how long? And He answered, Until cities lie waste without inhabitant and houses without man, and the land is utterly desolate,*

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*And the Lord removes [His] people far away, and the forsaken places are many in the midst of the land” (Isaiah 6:10-12).*

## THE GREAT PHYSICIAN

My medical revelation from the Lord began when I was miraculously healed of incurable, chronic, intractable pain in both my feet that had lasted two and a half years. It was then I discovered that Jesus is in the healing business and that He can heal us everywhere we hurt. (Remember, He can heal *you* everywhere you hurt, as well.) It was not easy to admit, but through this experience I learned that medicine does not have all the answers, especially with regard to chronic and terminal diseases.

Jesus, on the other hand, has all the solutions. In truth, He—the Great Physician—is the answer, no matter what the problem may be. In the same way that I wondered why people seemed to prefer living with their medical conditions, I began to wonder why so many people ignore Jesus’ healing and deliverance ministry. This is simply beyond my ability to comprehend.

In light of all this, one of my major goals, which could accurately be called a mission, is to help people get “unstuck” from their sicknesses and diseases. They are “stuck” because they have accepted their plight. For example, it’s their “beloved arthritis.”

This is the part I don’t understand. Why would someone simply accept an unpleasant, painful illness as being part of their lives? This even applies to minor

aches and pains, as well. I know of some cases in which people could return to work in spite of their disabilities if they would just agree to receive proper treatment, including surgery, but they refuse to do so.

### “SUPERFICIAL SPECIALISTS”

Many people rationalize about their situations, and this keeps them “trapped” in their conditions. They don’t understand that their rationalizing can become paralyzing. So many prefer to depend on human reason rather than searching for spiritual solutions. I know many folk who have become “superficial specialists in rationalizing” without realizing that human reason has actually become a god to our nation.

I’ve encountered some people who go on putting up with medical conditions due to their subconscious need to receive attention, reward, sympathy, pity, comfort, affection, a sense of being important, and even love because of it. Fortunately, this is not a common situation, but such men and women need to realize and decide that they do not have to tolerate their impairment or illness any longer.

These are the people who have decided they would rather live with their medical conditions even though that’s not what God wants for them. They need to have their minds reprogrammed and renewed so they can find a quality of life that has not been available to them due to their misguided thinking that tells them that they somehow deserve their illnesses.

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## YOUR CHALLENGE

Another strange situation is found in those individuals who have obvious impairment, but are actually fearful that prayer could make them worse. One gentleman with signs of an extrapyramidal disorder told me, “No, thank you, I can live with the shaking I have.” He did not realize that no one ever deserves to be sick!

If the above description applies to you, I’m sure you realize that your whole life is wrapped up with the stress that comes from your healthcare provider’s visits, treatments, therapies, and other approaches. You may have even learned to tolerate your physical challenge. Here I’m using the word “challenge” instead of problem because I believe the word “problem” has the ring of permanence, whereas the word “challenges” implies something that can be overcome, something that is temporary. A problem may result in indifference or depression; a challenge, on the other hand, is something that can be faced, fought, and overcome and can be approached with optimism and hope. Furthermore, you want to become God-centered rather than problem-oriented.

God does not give sickness or illness to the people He created as some sort of punishment. To think He does so leads one to feelings of guilt and to the erroneous belief that it is God’s will for him or her to be sick.

I believe one of the major challenges in ministering to people that prevents their active participation in wanting to get healed is their need to be in charge or be in control, and sometimes pride.

As a physician, I remember wondering why people came for treatment when they believed it was God’s will



for them to be ill. I would ask them, “Why do you want to get rid of this medical condition if you believe God wants you to be sick?”

What’s the point of that? Sometimes this belief is accompanied by an attitude that leads the patient to believe that he or she is not worthy of being healed. There is no doubt that fear also plays a prominent role in this mind-set and such fear opens the door to demonic spirits as well as to sickness and disease.

### “AN INTERESTING CASE”

Allow me to inject something here to confirm this attitude of indifference. As comedian Jackie Mason would point out, “It’s no longer a question of staying healthy. It’s a question of finding a sickness you like.” Though this seems laughable, it actually is a serious issue to so many.

Sometimes it seems that people have gone to what I call “toleration school.” By that I mean they train themselves to accept their illnesses. I firmly believe that what you don’t hate, you’ll tolerate. When you put up with an illness, you are allowing it to continue existing in your body. Of course, healthcare providers and medical professionals are forced to adopt this attitude because it is part of their training, and they may feel that there is nothing more that they can do. This is especially true when the patient has been given a terminal, “no-hope” prognosis.

I’ve listened to medical presentations in which the speaker refers to his patient’s terminal condition as “an interesting case.” I understand that any mention or display of sympathy is not encouraged, but “an

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interesting case” approach is the doctor’s way of coping with an untreatable condition. By the way, I have come to the conclusion that anything incurable always involves a demonic spirit.

Actually, I’ve learned that such a prognosis can become a curse in an individual’s life. I’ve seen so many, including “terminal” cancer patients, who have risen above this pronouncement and have gone on to experience a radical healing through the power of Jesus Christ.

Jesus is a well-known hope specialist, regardless of the situation. He wants you to know that your heavenly Father is “the God of all hope.”

Sickness and disease do not have to exist in either your body or your mind. Why? Because Jesus nailed them to the cross when He gave His life for you. *“But He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and well-being for us was upon Him, and with the stripes [that wounded] Him we are healed and made whole”* (Isaiah 53:5).

Instead of giving up and accepting a particular prognosis, view it as a challenge that needs to be overcome. See it as something that is interfering with your quality of life, something that you can deal with and defeat. As a born again believer, you can believe that death no longer has dominion over you and, since sickness and disease cause death, you have the right to refuse them, for they must bow to you. This is such an important key to receiving your healing. (Incidentally, people don’t die; they either go to heaven or to hell.)

Ask Jesus to help you.

## TWO

# A MATTER OF FAITH

**D**id you know that God already had His hand on your destiny as a medical professional long before you were born? This is confirmed in Jeremiah 1:5, which reveals that from the time you were in your mother's womb you were to be a spokesman to the world: "*Before I formed you in the womb I knew [and] approved of you [as My chosen instrument], and before you were born I separated and set you apart, consecrating you; [and] I appointed you as a prophet to the nations.*"

Here's another proof: "*For we are God's [own] handiwork (His workmanship), recreated in Christ Jesus, [born anew] that we may do those good works which God predestined (planned beforehand) for us [taking paths which He prepared ahead of time], that we should walk in them [living the good life which He prearranged and made ready for us to live]*" (Ephesians 2:10).

He also knows every detail about you: "*But [even] the very hairs of your head are all numbered. Do not be struck with fear or seized with alarm; you are of greater worth than many [flocks] of sparrows*" (Luke 12:7).

If the above isn't enough, the God of this universe knows you so well that He has even called you by your

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name: “*But now [in spite of past judgments for Israel's sins], thus says the Lord, He Who created you, O Jacob, and He Who formed you, O Israel: Fear not, for I have redeemed you [ransomed you by paying a price instead of leaving you captives]; I have called you by your name; you are Mine*” (Isaiah 43:1).

When you research the inherent meaning, spiritual connotation, and supporting Scripture for your name, don't be surprised by how “right on target” it is. It was God who named you through your parents or grandparents or whoever thought they made that decision.

## HE TOOK YOUR NAME

Here is further information regarding your name. Do you realize that when you received Jesus as your Lord and Savior, He took your name! In a very real sense, your name was sin, weakness, fear, poverty, and every other evil thing you inherited from Adam. In exchange, He gave you His own name.

Ephesians 3:15 says that the whole Body of Christ has been named after Him which means you have been given Jesus' name: “*For Whom every family in heaven and on earth is named [that Father from Whom all fatherhood takes its title and derives its name].*”

The authority of the name of Jesus is now yours! You have the title deed which from the lawful aspect means you have the deed constituting the evidence of legal ownership.

You've been named after: “Jesus, Mighty God, Wisdom, Deliverer, Lion of the Tribe of Judah, Word of

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Life, Advocate, Provider, the Great I Am, Helper, Savior, Prince of Peace, Wonderful Counselor, Lamb of God, Lord of Hosts, Root of David, Author and Finisher of our Faith, the Way, Healer, Son of God, the Truth, Chief Cornerstone, King of Kings, Light of the World, Chief Shepherd, my Strength and Song, Righteous Judge, Son of Righteousness, Resurrection and Life, the Alpha and Omega.”

These names truly cover any need you'll ever have.

## YOUR GIFT

Let's take a look at Adam for a moment; he was the first man. Incidentally, Jesus became the second Adam. It's interesting that the name of Adam means dust or dirt. Listen to the amazing authority he received from the Lord: *“And out of the ground the Lord God formed every [wild] beast and living creature of the field and every bird of the air and brought them to Adam to see what he would call them; and whatever Adam called every living creature, that was its name. And Adam gave names to all the livestock and to the birds of the air and to every [wild] beast of the field; but for Adam there was not found a helper meet (suitable, adapted, complementary) for him”* (Genesis 2:19-20).

What this Scripture is saying is that with the creative power of Adam's mouth, he spoke into existence what the animals would become as he called their nature by their name. Your tongue actually has the same power.

What about the fulfillment of the vision that God gave you that would work in your life, especially in practical terms?

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Proverbs 18:16 is a powerful statement that reveals the answer: *“A man’s gift makes room for him and brings him before great men.”*

Your gift is what you were designed to be known for. God put this gift in each of you doctors, that the world will make a way for you. In exercising this gift, you continue to fulfill your vision and find real fulfillment, purpose, and contentment in your work. This doesn’t include the “junk” that seems to get attached to it.

## FAITH AND EXPECTATION

From the very beginning, as you achieved your role in medicine, you have taken advantage of the power of your faith.

Whether you realize it or not, this faith has been present in practically all of your medical activities. I realize this is true in spite of your training, which teaches you just the opposite. Why would you want to operate without faith?

Your faith involves an air of expectation; it’s believing in something when common sense tells you not to. I’m actually referring to mountaintop faith. Your faith walk, believe it or not, really involves the presence of Almighty God. When you evaluate it, you’ll find your faith continues to increase, as you continue to apply it in whatever you do.

Some of your initial responses could very well deny the presence of this almighty deity, but don’t neglect the God who created you and will never leave you.

Further, as a result of your medical training, you are inclined to separate scientific facts from faith, because

you perceive faith as lacking logic. However, you had to have enormous faith to live through all the horrendous challenges of medical school.

## BEYOND REASON

Believe it or not, it was faith that enabled you to endure the intense preparation involved in those mind-boggling examinations that made the difference as to whether you would be able to stay in medical school. Faith helped you absorb the didactic and even esoteric material in all those intense lectures that involved anatomy, physiology, biochemistry, etc.

Without depending on reason, you knew that someday you would be able to apply all the knowledge that was thrown at you to assist you in your patient's care and treatment. The teaching staff had their own challenges. For example, my anatomy professor would turn off his hearing aids so he could isolate himself within his own world and not be distracted by his students and their questions.

This explains why the students had conversations during class. Believe it or not, some even played cards in class! They apparently had sufficient faith to depend entirely on learning the material on their own.

A great definition of faith is trusting God that you believe it before you receive it. You could also say that faith is unquestioning belief in God. Remember faith cannot grow unless it is exercised.

Throughout your medical practice you have had to have great faith in treating your new patients who had complex medical conditions. Oftentimes they were

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referred to you by physicians who weren't able to help them after a multitude of tests and drugs.

## ACTS OF FAITH

I know you have experienced many such faith-challenging situations. You have expected your patients' diagnoses to be correct because you have backed them up with great confidence from their history, physical findings, and your training. You knew and believed that the treatments you prescribed would be effective whether they involved surgery, further consultations, medical treatments, therapies, drugs, etc. You depended on your faith when you prescribed new drugs, even with a patient's history of multiple allergies and all the other medications they were taking. You believed what you ordered would resolve their conditions.

You relied on your faith when you performed procedures that were considered risky in light of your patient's circumstances. You stood on your faith when you expected and trusted your patient would improve and, of course, fully recover. You confirmed that belief when you informed your patient's family that he or she would do well. You established your faith even more in your mind and your thought processes as you anticipated satisfactory results and you believed that all was going well. And you proceeded with all these activities knowing full well that you were always subject to attorney review.

Faith requires action and because you believed these things, you acted upon your faith and definitely anticipated seeing positive results. This is all a matter of



obedience as well as faith.

Faith works as a spiritual law in the same way that gravity functions as a natural law. Your faith is really resurrection power—the power that comes as a result of the Resurrection of Jesus Christ.

You don't have to be told that you're not supposed to understand that everything will work out, for this would mean you wouldn't need faith. Of course, you have come to understand that faith doesn't require proof, even though this probably was a challenge for you to accept.

We discover a profound truth regarding the testing of your faith in Mark 11:23 which simply states that you can have what you say: *“Truly I tell you, whoever says to this mountain, Be lifted up and thrown into the sea! and does not doubt at all in his heart but believes that what he says will take place, it will be done for him.”*

## TOTAL TRUST

The key in treating medical conditions from a spiritual point of view is to talk to whatever that mountain is about Jesus instead of talking to Jesus about your patient's mountain. Here's an acronym that describes FAITH rather dramatically while blessing you as well: **F**antastic **A**dventures **I**n **T**rusting **H**im.

Your faith becomes a power that is stronger and greater than any statistical scientific method. What you accomplish through your faith determines your success, because God honors your faith. The faith you have actually requires a great mental attitude and this will make all the difference when you learn to expect to

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receive what you believe.

Scott Scoville Hamilton said that the greatest disability in life is a bad attitude. And Zig Ziglar states that some people need a “check up from the neck up” in order to prevent “hardening of the attitudes.”

You need to start depending entirely on God by using your faith, trusting in Him, and believing (the holy Bible) His Word.

You should be moved only by what you believe, not by what you feel, hear, see, taste, or touch. This is actually the difference between revelation knowledge and sense knowledge. Then you can start looking forward to great spiritual accomplishments. In other words, you have to believe it before you see it. (That’s actually what faith is.)

Jesus walked by faith. He received that faith the same way we get it: “*So faith comes by hearing [what is told], and what is heard comes by the preaching [of the message that came from the lips] of Christ (the Messiah Himself)*” (Romans 10:17).

Hearing the Word becomes a daily habit and it must be renewed every twenty-four hours in order for it to work efficiently and effectively. All you need to do is to understand that all you’re doing is actually speaking the truth in advance before you see it happen.

## UNLIMITED POSSIBILITIES

Jesus spoke about faith in the following two Scriptures. He indicated that these verses were basically identical. In essence, He is saying that simply by believing you can have the necessary faith which will

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bring about the same results. In other words, it is your faith that allows all things to be possible through Him and to be equally possible to you, as well. Let's now look at these two important verses.

- 1) He was intent with this message: *“But Jesus looked at them and said, With men this is impossible, but all things are possible with God”* (Matthew 19:26).
- 2) *“And Jesus said, [You say to Me], If You can do anything? [Why,] all things can be (are possible) to him who believes!”* (Mark 9:23).

## MORE THAN POSITIVE THINKING

Here are some simple requirements for you to appropriate and practice as a mountain-moving, faith-receiving doctor-believer in order to witness results according to Hebrews 11:6:

- 1) Believe in faith.
- 2) Believe in God.
- 3) Seek God.
- 4) Believe in the results even before seeing them.

This is how God expresses the truth about the reasons for your faith: *“But without faith it is impossible to please and be satisfactory to Him. For whoever would come near to God must [necessarily] believe that God exists and that He is the rewarder of those who earnestly and diligently seek Him [out]”* (Hebrews 11:6).

Faith is more than just positive thinking, it is far more

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than an abstract principle. It is total belief in God.

## RISKS AND REWARDS

Believe it or not, there is a significant relationship between faith and the scientific approach. My own experiences confirm that many great crises can be overcome by spiritual minds attacking scientific challenges. An example of this can be seen prior to World War II. The challenge was to build boats faster in order to keep up with the war's demands.

How could this be accomplished? The answer was to build them upside down.

Another example of this is found in the life of Dr. Jonas Salk, who developed a vaccine against polio after eight years of research. I believe God was responsible for this achievement, for Dr. Salk developed some godly principles in his career as the result of his investigative activities. What were those principles and activities?

One of Dr. Salk's sayings that has become a favorite of mine is "Risks," I like to say, "always pay off. You learn what to do or what not to do."

It's important to remember that risk always involves faith. Dr. Salk refused to patent his vaccine against polio because he wanted as many people as possible to benefit from his accomplishment.

## KEEPING THE DOOR OPEN

My friend, Vinny Longo, told me the story of a woman who was scheduled for foot surgery, who was able to come up to the platform of his church for prayer.

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He told her that if she could walk up, there was nothing wrong with her foot.

Immediately, she began to jump for joy, realizing that God had instantly healed her. I believe the spiritual realm was applied to the scientific realm in this remarkable case.

First, you need to know that faith opens the door to all God's promises for you and your patience keeps that door open until the specific promise is fulfilled. I am sure that you want to be able to say that your faith made you well, and likewise, your patient's faith made him or her well.

## HELD TOGETHER BY THE CROSS

While you are learning these very important principles, don't forget that the risk is that you commit sin whenever you lose your faith, even if this is in the form of improper words coming out of your mouth. Sin can be accurately described as being more powerful than any current in the ocean, as we see in the following verse. *"But the man who has doubts (misgivings, an uneasy conscience) about eating, and then eats [perhaps because of you], stands condemned [before God], because he is not true to his convictions and he does not act from faith. For whatever does not originate and proceed from faith is sin [whatever is done without a conviction of its approval by God is sinful]"* (Romans 14:23).

Louie Giglio, a pastor and evangelist, came across a substance that is called laminin. When he studied and

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learned about this substance, he began to realize that this material actually shows forth God's handiwork. Laminin knits our bodies together with precise detail. It is described as: "A family of proteins that are an integral part of the structural scaffolding of basement membranes in almost every animal tissue."

Pastor Giglio already knew about these cell-adhesion molecules that hold our cells together, but he didn't know what they looked like. He was more than surprised when he researched the scientific literature and found that this "glue" that holds us together is in the shape of a cross! ([www.snopes.com/glurge/laminin.asp](http://www.snopes.com/glurge/laminin.asp)).

A specific Scripture came to his mind. It is found in Colossians 1:15-17: "*[Now] He is the exact likeness of the unseen God [the visible representation of the invisible]; He is the Firstborn of all creation. For it was in Him that all things were created, in heaven and on earth, things seen and things unseen, whether thrones, dominions, rulers, or authorities; all things were created and exist through Him [by His service, intervention] and in and for Him. And He Himself existed before all things, and in Him all things consist (cohere, are held together).*"

## THE BRIDGE TO BLESSINGS

You must realize that you have been using your faith since you entered medical school and this use of faith has never stopped. Please keep in mind that faith is the bridge that brings all of God's blessings from the spiritual realm to the natural or scientific realm.

You cannot receive anything from God without faith.

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Faith, I repeat, opens the door to God's promises for you and your patience keeps it open until His promises are fulfilled. I like to look at patience as being cheerful endurance; however, it is really faith sustained over a relatively long period of time.

When you understand that the faith you have is really God's faith, you can release that power and stop hurricanes, tornadoes, and even raise the dead.

Persistence is actually an act of faith. As you are patient and persistent, you will find that Jesus gives you perpetual joy in God through your faith.





## THREE

# THE POTENTIAL OF A PHYSICIAN

**A**s a doctor, you are a compassionate person. You are blessed and you are a uniquely multitalented individual who has been favored with leadership abilities. As a compassionate person, you don't have to personally experience childbirth, the pain of shingles, or the need for a respirator in order to appreciate and understand what your patient is going through.

You have incorporated your many and varied talents into your work, along with your amazing, unlimited abilities which actually are boundless capabilities in your life. I believe God has filled you with what the prophecy proclaims in Exodus 31:3: *“And I have filled him with the Spirit of God, in wisdom and ability, in understanding and intelligence, and in knowledge, and in all kinds of craftsmanship.”*

You are about to learn and understand, if you haven't already, that you have become and accomplished all this through God. One thing is for sure, and you already know this: your full potential has yet to be reached.

It has always been my observation as a doctor that doctors' pilot lights are always turned on, and that you always have plenty of gas, even in reserve, for whatever

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mission you may have to face. When you decide to embark upon any new undertaking, you become motivated because you know you will succeed. Therefore, you are able to see yourself moving in an onward and upward direction.

*The Merriam-Webster Dictionary* provides us with the following etymology and definition of the word “doctor.”

Pronunciation: \ˈdäk-tər\

Function: noun

Etymology: Middle English doctour teacher

Doctor: from Anglo-French & Medieval Latin

Latin: teacher, from docēre to teach

Date: 14th century

Definition: a person skilled or specializing in healing arts, especially one (as a physician, dentist, or veterinarian) who holds an advanced degree and is licensed to practice.

## YOU ARE GIFTED

The best definition of a doctor I have ever found is: a person who restores, repairs, and fine-tunes things. You don’t get much more gifted than that, even if you are a practicing rocket scientist.

Incidentally, a lot of people never realized that it was Mrs. Webster who was actually responsible for the precision and preciseness of her husband’s dictionary assignment. The story goes that every time Noah Webster said something to his wife, she would reply strongly, “Just what did you mean by that?” This explains why he developed his amazing dictionary.

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Isaiah 30:15 is a remarkable description of today's doctors: "*The Sovereign LORD, the Holy One of Israel, says "For thus said the Lord God, the Holy One of Israel: In returning [to Me] and resting [in Me] you shall be saved; **in quietness and in [trusting] confidence shall be your strength.**"*" (Emphasis mine.)

This verse is a specific word to you, dear doctor. In the art and performance of medicine, you have acquired remarkable facilities and abilities through God. This accounts for your never ending growing skills in clinical judgment and your uncanny ability to understand how to appraise the relative value of symptoms and other physical signs.

## APPLYING WISDOM

This preparation has endowed you with your extensive knowledge and it allows you to ascertain and establish your patient's diagnoses. This inherent supernatural gift has enabled you to process your patient's entire medical situation. You have the awesome ability to convert the practical application of this data for your patient's definite treatment and recovery. This ability is referred to as wisdom and it requires your intuition to activate it. The amazing thing to realize is that God has already done this for you.

The patient's anticipated prognosis doesn't always depend on the doctor's experience, his or her skill, or the information that is found in the medical textbook. Very often the prognosis is based on multiple, and sometimes undefined factors. In the natural, some might refer to

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successful results as having chance or luck. My impression is that L.U.C.K. stands for “Labor Under Correct Knowledge. One doctor put it this way, “The harder I work, the luckier I get.”

Rather than using the word “luck,” though, I personally prefer to call the patient’s anticipated positive response to the doctor’s treatment a blessing.

## FOCUSED ON RECOVERY

Every doctor agrees that the patient’s quality of life is the supreme goal. This objective involves restoring your patients’ health and providing them the greatest measure of available relief. If at all possible, it is focused on total and permanent recovery as well.

The truth is that to maintain one’s health is a far better choice than simply receiving medical care for sickness or disease.

I haven’t really gone into healing as yet; healing is in itself a tremendous alternative and in reality a godly option. Today, as the result of science and technology, the practice of medicine has been overwhelmed with a myriad of specialist groups, innumerable journals, textbooks, and Internet sites, which seem more focused on preventive health care, the management of chronic diseases, and aging.

We realize that a high percentage of people are hospitalized with ailments that are caused by worry, tension, stress, strife, grief, anxiety, and depression, which may include fear and debt.

## READY FOR THE SUPERNATURAL

For six months in my early career I joined forces with an anesthesiologist in a Pain Management Center. I never liked the word “management” and I told my associate, “That’s why people aren’t getting healed—they are tired of just being managed.”

I think the words “Pain Control Center” work better.

Let me take this opportunity to introduce the words “healed” and “cured.” Healing is what the purpose of this handbook is all about.

What role, if any, are you willing to take on in these closing hours on earth? Are you satisfied with your medical life and career even though there is a constant struggle? I know you are already facing endless tragedies and mounting death tolls from weather and natural catastrophes, Ten Commandment atrocities, acts of terrorism, out-of-control health issues, untreatable infectious diseases. such as AIDS, avian flu, mad-cow disease, swine flu, MRSA, incurable sicknesses and diseases, psychiatric conditions, accidents, kidnappings, unprovoked murders, rapes, suicides, abortions, girls sold into sexual slavery, etc.

And what about the increasing number of Americans who are without health-care insurance? At the last count this figure was headed toward 50 million all together. Aren’t we obligated to care for them regardless of insurance coverage?

Solomon wrote in Proverbs about how history merely repeats itself: *“The thing that has been—it is what will be again, and that which has been done is that which will*

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*be done again; and there is nothing new under the sun”*  
(Ecclesiastes 1:9).

Get ready to prepare for supernatural events that you never anticipated—events put in place by the move of God. However, you also have to be ready to prepare for the danger of deception in these end times. I’m referring to false prophets, and even signs and wonders. Understand that when you evaluate just how to be free from all these concerns, it’s not the supernatural that proves the healing, because even the devil can heal. That’s why the very elect can be deceived when there are “mixed” seeds.

The anointing has to come from the right source, for it reveals the truth. Remember, the truth has longevity, but a lie is short-lived.

I’m encouraging you doctors to look further into the supernatural realm and to introduce God to your patients, so they can incorporate His “nothing is impossible promises” in order to get healed and delivered. This may result in finding alternatives to activities such as medications, surgery, chemotherapy, radiation, consultations, therapy, etc. This approach may sound far-fetched especially if it embraces creative miracles or the elimination of terminal conditions.

## GET READY FOR MIRACLES

I believe God has called me to become involved in this awesome spiritual movement to “feed His sheep.”

Jesus *“said to him the third time, Simon, son of John, do you love Me [with a deep, instinctive, personal affection for Me, as for a close friend]? Peter was grieved (was saddened and hurt) that He should ask him*

*the third time, Do you love Me? And he said to Him, Lord, You know everything; You know that I love You [that I have a deep, instinctive, personal affection for You, as for a close friend]. Jesus said to him, Feed My sheep” (John 21:17).*

Have you any idea what you might expect when you minister in the supernatural realm? I listened as Tim Storey spoke about his ministering in a third-world country that was actively involved in civil war. As the ambulances arrived at the hospital emergency room, he would reach in and pull out the stretches of the wounded and witness their immediate healing.

Other testimonies from evangelists who are involved in healing and deliverance reveal their dependency on the Scriptures based on Mark 16:18: “*On the ailing they shall lay hands, and they shall be well*” (Young’s Literal Translation).

This includes miracles with total healing of AIDS, diabetes mellitus, high blood pressure, MI, cancers, trauma, herniated discs, spinal stenosis, vascular thrombosis, liver and renal failure, tumors, strokes, etc.

Demonic spirits have been cast out to set the people free from the bondage of alcoholism, drug addiction, prostitution, pornography, the occult, violent video games, autism, and even psychiatric conditions such as schizophrenia. The common denominator of the power here is the Holy Spirit. “*They will lay hands on the sick and make them well*” (Mark 16:18, The Message).

## GOD WILL USE YOU

Do you understand that you are capable of doing

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these miraculous things when you act as a yielded vessel? Here's an amazing truth for you to receive and apply: God is no respecter of persons. This means that since He finds no favorites, He will do the same identical thing for each person. If God didn't do so, He would be violating His Word.

You know by now that He has already filled you with multiple gifts that date back to when you began your training. One of these gifts is compassion. I want to point out to you that Jesus healed because of His compassion, and since you already have this gift, you will demonstrate the same thing for your patients.

In my medical practice, one of the many life-changing teachings I learned to apply was that no matter how many times I did a procedure, I never did it enough.

## APPLYING SPIRITUAL POWER

Dr. George R. Nagamatsu made sure he kept pride out of the operating room. As a result, he was decorated by Japan's Consulate General and awarded the Valentine Medal, one of the highest honors in urology. The alumni association noted he was a pioneering surgeon, urologist, and engineer.

When you're applying these spiritual techniques and truths, you are actually using spiritual power so turn it all over to the Holy Spirit and let Him be the One who is responsible for the healing. The truth is, "*They shall lay their hand upon the sick: and they shall recover*" (Mark 16:18 Douay-Rheims Bible).

This supernatural, spiritual, extravagant teaching will skyrocket you into a realm of witnessing patient healings



and deliverance that you have never experienced or even thought possible.

## THE PLACE OF AGREEMENT

I smiled when I heard about a couple of hunters from South Carolina out in the woods when one of them falls to the ground. He doesn't seem to be breathing and his eyes are rolled back in his head. The other guy whips out his cell phone and calls emergency services. He gasps to the operator, "My friend is dead! What can I do?"

The operator, in a calm, soothing voice, says, "Just take it easy. I can help. First, let's make sure he's dead."

Silence follows, then a shot is heard. The guy's voice comes back on the line. He says, "Okay, now what?"

Obviously, this guy provides us with a great example of miscommunication.

I hope you will understand the importance of avoiding your own interpretation and elucidation as you read this book. Unlike the hunter who obviously didn't understand the operator's intent, you can avoid getting into snags, dilemmas, or misdirected imagination by avoiding your own analysis or relying upon past knowledge that could be contradictory to what you need to learn.

Instead, you can take advantage of your God-given wisdom by realizing that "the place of agreement is the place of power." I didn't understand this saying until it was explained that ideally there is power when there is unity in mind and thought without division.

There has to be agreement in order to get power!

Agreement is vital because it requires understanding

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which leads to the proper application of knowledge which is wisdom. For Jesus said in Matthew 18:20, “*For wherever two or three are gathered (drawn together as My followers) in (into) My name, there I AM in the midst of them.*”

As you are read these healing chapters, you need to take hold of the truth that God, Jesus, and the Holy Spirit are with you, within you, and upon you.

## FOUR

# NEW APPROACHES TO THE SAME OBJECTIVE

**T**here is a definite distinction between what we refer to as the means and the ends. The ends are things you do for their own sake. The means are the things you do to get to the end.

You have to be careful you don't become so involved in the means that you never achieve the ends, however. This entire handbook is a means to enable you to achieve the end. What is the end we are striving for? It is precisely described in Mark 16:18: "*They will place their hands on sick people, and these will get well*" (Good News Translation).

You can read this entire handbook, but unless you learn and appropriate the teaching you find here, nothing will have been learned. The means to which I refer are spiritual information you have received and accumulated, including the Word of God, all which may be referred to as spiritual knowledge.

When you apply your spiritual knowledge by using

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your faith, belief, and trust, the end results will be healings and other miracles, signs, and wonders, which are the purpose of this handbook.

## ALTERNATIVE MEDICINE

Alternative medicine came into existence because people who were being medically treated often weren't achieving the medical results they were believing for or desiring. In other words, they became impatient with their lack of response to treatment, even when their condition was treatable, and especially with chronic situations and those desperate "no-hope circumstances."

People became frantic for answers. Consequently, alternative medicine became an accepted optional form of medical treatment for many patients.

The Office of Alternative Medicine was established in the National Institutes of Health, in Bethesda, Maryland, 1991-1996. That first year, the Senate Appropriations Committee wanted to "fully explore the potential that exists in unconventional medical practices" and "to fully test the most promising unconventional medical practices."

The Office of Alternative Medicine became the advisory panel. With the government involved, a national health-care conflict grew between the forces of establishment biomedicine and the diverse ranks of alternative medicine.

In April, 1995, they defined "complementary and nonconventional alternative medicine." They classified these forms of treatment as having a broad domain of healing resources that encompassed all health systems,

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their modalities, and their practices, including their accompanying theories and beliefs.

Other alternative therapies included, but were not limited to, the following disciplines: folk medicine, herbal medicine, diet fads, homeopathy, faith healing, New-Age healing, chiropractic, acupuncture, naturopathy, massage, music therapy, as well as unconventional, unorthodox, unproven, complementary, innovative, such as hyperbaric oxygen therapy, stem cell therapy, many autism therapies, and integrative therapies. There are no satisfactory scientific explanations available to prove that these are effective forms of treatment.

The truth is that there really are no “alternatives” when you become a follower of Jesus, for the miracles and healings that result from being His followers are born out of the supernatural realm, as you’ve read and studied in the Bible.

A miracle is an extraordinary event that manifests divine intervention, usually on an instantaneous basis. By definition, a healing is a miracle, but it often takes longer and occurs on a progressive level.

## SIGNS AND WONDERS

For the scientific method to achieve and complete its full definition and character repeatability, testability, objectivity, predictability, reproducibility, demonstrability, reliability, measurability, reasonability, verifiability, etc., are required.

You can readily understand how faith could never fit into this traditional approach. Did you know that Jesus has already armed you by giving you a “measure of

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faith” that will meet all your needs? *“For by the grace (unmerited favor of God) given to me I warn everyone among you not to estimate and think of himself more highly than he ought [not to have an exaggerated opinion of his own importance], but to rate his ability with sober judgment, each according to the degree of faith apportioned by God to him”* (Romans 12:3).

What is amazing is that Jesus accomplishes all of these activities without any dependence on the scientific approach. *“People of Israel, listen! God publicly endorsed Jesus of Nazareth by doing wonderful miracles, wonders, and signs through him, as you well know”* (Acts 2:22 New Living Translation).

## FIVE

# A PARADIGM SHIFT

**I**n order for you to be able to converse about the supernatural realm and understand it so you can utilize it, I'm going to reveal a readily adoptable method you have already heard about; it is known as a paradigm shift. This won't be necessary for many of you, but I highly recommend all others to take advantage of this. This will be easier than reprogramming your basic thoughts.

What I'm saying, dear doctor, is if you have to expose yourself to another level of belief, you can do this in a step-by-step approach as you learn to change your conventional way of looking at things. Look at your formal training as a major foundational spiritual preparation.

From experience, you know that risk always pays off. I would not be surprised or upset however, if some of you find that you will need a seismic paradigm shift.

Here's a great example of this we all learned to apply during our medical school training. I was instructed that 83 percent of what we learn and remember is through our vision and 11 percent of what we learn and remember is through our hearing. The rest we learn and remember is through our other senses.

Consequently, today, when I hear a Bible Scripture,

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I make sure I see it through my eye gate as well as hear it through my ear gate; I have increased my ability to learn and remember it by 94 percent.

A paradigm change is like putting on a new pair of glasses in that you will now be able to see through “spiritual glasses.” When you look through them, you will no longer see everything as you did before. You will now perceive things in dramatically different ways. The traditions in which you have been trained to expect to see things exactly as you did in the past will undergo a radical change. This will require a spiritual adjustment that will enable you to adapt to your new spiritual vision.

It would be a great idea if you were to bookmark this new phrase—the paradigm shift—in your mind and refer to it whenever you come across material that seems to contradict your previous training. For you will then be dealing with a spiritual level of belief, seeing through spiritual glasses and even thinking spiritually.

## A NEW SYSTEM

In order to see this miraculous intervention, you really have to reevaluate your entire belief system. Many of you may want to make immediate changes in your thinking. You could almost call this a spiritual breakthrough rather than a scientific breakthrough, although I believe you can't separate the two realms, since science and spirituality coexist. For example, from a scientific and humorous point of view, it is well known that parallel lines can never meet. However, from a spiritual point of view, all truth is parallel, and this indicates that a serious relationship really exists



between the two realms.

The etymology of the word “paradigm” dates back to the fifteenth century. The late Latin word paradigm is from the Greek *paradeigma*, which stems from *paradeiknynai*—to show side by side.

The word “paradigm” is defined in the *Merriam-Webster Dictionary* as a philosophical and theoretical framework of a scientific school or discipline within which theories, laws, and generalizations and the experiments performed in support of them are formulated. This definition shows that you have to grasp the truth that you can’t compare the systems of this world, which have been programmed in your mind through the training you’ve received to the systems of God which are within, in the spiritual realm. Some have arbitrarily wanted to place this concept into the realm of science fiction. This enables them to deal with something they can’t explain or comprehend.

## POWERFUL WORDS

Through the Bible you have access to this system. It is God’s system and God’s handbook. He has given you the privilege along with His privilege to use and understand this combination medical textbook and law book, which is known as the Word of God. You will be surprised to find that you can witness and experience the same success Jesus had simply by taking advantage of His mighty and powerful words, because His words never fail.

Not to confuse you, but the truth is that God put all the storehouse of treasures that you would ever need in

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your brain when you were within your mother's womb.

## NO IMPOSSIBILITIES

When I use the term “paradigm shift,” I’m attempting to expand your mind to enable you to consider even the impossible. More specifically, I’m referring to the supernatural realm and its activities. You would think these belief levels are not normally programmed in the comprehensive centers of your brain. In other words, to keep this simple, when someone tells you, “I can’t believe it,” you can point him or her to the secret of whatever seems to be impossible: “*For with God nothing is ever impossible and no word from God shall be without power or impossible of fulfillment*” (Luke 1:37).

What I’m saying is that you need to start looking at things from a spiritual point of view.

When you do this, you will discover that whatever you see in the invisible realm can be accomplished in the “physical realm.” In other words, there are no “impossibilities” with God. Nothing is too hard for Him. If any one should ever tell you that Jesus has retired from the healing and deliverance business, you can reassure them that He is still alive and is totally in people’s lives as He was when He walked as a man on this earth. The Bible confirms this: “*Jesus Christ (the Messiah) is [always] the same, yesterday, today, [yes] and forever (to the ages)*” (Hebrews 13:8).

Through the joining together of medical science and the supernatural spiritual world, dramatic testimonies of miracles or healings of incurable medical conditions has

taken place. You may prefer to call these cases anecdotal rather than statistical, but you will change your mind and believe differently when you start witnessing such events for yourself.

### STATISTICS, STATISTICS!

I understand that many doctors won't be able to comprehend the documentations that many people have had creative miracles. However, I can say with certainty that these miracles can and do take place.

Like myself, you will be able to testify and confirm these miracles. As you do so, realize you are learning from the greatest physician who ever lived—the Lord Jesus Christ. Did you know that 43 percent of all statistics are unnecessary? The truth is that statistics will never replace common sense. For example, I can prove right now that statistically you're not even reading this paragraph!

This next example is astounding. Let's take the statistics regarding your birth. An expert in the Statistics Department of Texas A & M University calculated the odds of a specific individual being born. To do this you have to estimate the total number of fertile men and women in the world, calculate the number of different genetic possibilities a man might contribute, adjust for the number of hours of female fertility each month, and then factor in a long list of other considerations. Here's the answer: "The chance that you, meaning exactly you and me would be born are 1 in 1.3 times ten to the twenty-ninth power." In

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other words, 130,000,000,000,000,000,000,000,000 to one. Only God can explain why you are here which accounts for why you are able to read this.

## WHAT ARE THE ODDS?

Let me give you an example that might help you to understand what I am saying.

A woman named Mavis Jackson drove past the Crystal Cathedral in Anaheim, California for twenty years, claiming that one day she would stop and go into the church. Finally, she did so and was overwhelmed with the 3,000-seat sanctuary, the majestic voices of the choir, and the glass ceiling that slid open. She praised the church and expressed her joy to the young woman who was sitting next to her. She asked if she was from Anaheim, but the woman responded that she was from the Midwest. She went on to explain that she was actually there on a mission to find her birth mother.

Mavis told her that she knew how she felt, because she had to give up her little girl for adoption, even though she didn't want to. The woman asked her if she remembered her daughter's birthday. "Yes," said Mavis, "It's October 30th."

"That's my birthday," gasped the young woman.

I believe it was more than a remarkable "coincidence." God Himself had reunited a long-lost mother and daughter.

How could you ever possibly calculate the odds of this happening?

## BUILD YOUR SPIRITUAL KNOWLEDGE BASE

This handbook and the holy Bible will provide you with a firm foundation that will allow you to step out into the spiritual realm and experience victory, after victory. You will constantly receive new revelations from the Holy Spirit in your daily activities, and these will change and increase the knowledge you already have.

This will encourage you to become involved in further reading and watching programs, DVD's, and videos about healing, deliverance, and Bible study.

As you grow more excited and see more healings, you will return to read sections of this handbook over and over again in order to build up your spiritual knowledge and faith. You will begin to seek every available source of information, as I did, including contact with both ministers and physicians involved in healing.

I am convinced that every believer can be classified as an evangelist. I also feel that God wants every born again believer to have a ministry of healing and deliverance and, further, this is really a no-option deal. Jesus told us to do this in His final words expressed in the Great Commission before leaving earth.

As you continue to wear your spiritual glasses, and sometimes even function without wearing them, you will come to depend upon the Spirit that resides within you, the Holy Spirit. When did He come in? When you were born again.

The truth is that the Holy Spirit is really a person rather than a power. He is the Spirit of Jesus. I have heard many different descriptions when referring to Him

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including He is divine, mighty, a loving friend and helper, ever present and always ready, dependable, and wise.

The Holy Spirit will open spiritual doors within you so you can learn to apply His spiritual principles and develop growing faith to believe and lay hands on every patient, believing for complete healing of every medical name or condition affecting every patient. This will be possible because Jesus said they can be healed. The scriptural verse is Mark 16:18: *“They will put their hands on those who are ill, and they will get well”* (Bible With You).

## FACTS CHANGE

Jesus humbled Himself in His obedience by dying on the cross. He was then lifted up by God so that the knee of every sickness and disease, regardless of where it came from would be obligated to bow to His name and thereby be healed. *“But stripped Himself [of all privileges and rightful dignity], so as to assume the guise of a servant (slave), in that He became like men and was born a human being. And after He had appeared in human form, He abased and humbled Himself [still further] and carried His obedience to the extreme of death, even the death of the cross! Therefore [because He stooped so low] God has highly exalted Him and has]freely bestowed on Him the name that is above every name, That in (at) the name of Jesus every knee should (must) bow, in heaven and on earth and under the earth”* (Philippians 2:7-10).

Don't forget, science changes, but the Bible doesn't,

because scientific principles are based on facts. And when you consider all the facts, you encounter temporary situations. Temporary is really a better word for fact. For example, everything you learned in medical school and thereafter continue to change because they are just facts. Facts do change.

In neurosurgical residency and practice, I learned that there was absolutely no way neurons could reproduce. That was presented as an absolute fact. Now, in sharp contrast today, they've found that our brains can grow new brain cells and even make new connections between them throughout life. Yes, facts change; they are not reliable or dependable.

The fact that Pluto was a planet is no longer a fact. You can explain all of these transitions when the truth from Jesus reveals to you that man makes the facts. The key is not to allow the facts to interfere with your belief. The truth is that everything in the natural is subject to change. Everything.

Initially, in this experienced, well-thought-out, supernatural spiritual training package that has been designed specifically for you, you may have to overcome what is classified as the fear of the unknown just as you did when you first started medical school and felt all alone. But now you are well known as a successful and skilled professional. You have been blessed with insight to realize that truth stamps out fear.





## SIX

# BEYOND ARGUMENT

**W**hen you examine the revelations in this handbook, your ultimate realization will be that you can enhance your medical practice. That is, you can witness the healing and deliverance of patients, as I've already discussed. Jesus said, "*They will be able to place their hands on the sick and heal them*" (Mark 16:18, NLT).

Listening to the personal testimonies of your patients who are healed will thrill you to the point of documenting them and your sense of reward and your faith will grow each time this happens.

Understanding and following this organized, supernatural program will actually be easy for you. Just open your heart and mind without any regard to traditional denominational beliefs, long-held ideas or philosophies you may have had, including any scientific principles that deny the possibility of healing.

Man's judgments and prejudices can be seen in the over 33,000 labeled denominations (which means "divisions") that exist. Replace any such preconceived ideas with spiritual truths. God does not regard one denomination over others. Too many people focus on

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their denominations before they see that they are Christians. The truth is that many denominational people know more about their church organization than they know about Jesus.

We must understand that being a Christian is far more important than being a member of any denomination. The more people realize this the more it will lead to unity among all of us.

A feeling of closeness and commitment has begun to develop among physicians and other professional health-care providers who share Christian values. This unity among doctors is powerful and extremely influential, since as I mentioned before, the place of agreement is the place of power. The Bible has great news about unity: *“Behold, how good and how pleasant it is for brethren to dwell together in unity!”* (Psalm 133:1).

Unity among doctors can be compared to living in a sea of blessing. You don't want to be barren or unfruitful in the knowledge of Jesus Christ. We all need a relationship with Him for many reasons, but one incredible reason is that we don't have all the answers to our questions, and we need to realize that He does, and He can resolve all of them in completely satisfactory ways.

One minister who visited heaven and wrote about his experience said that as soon as he saw Jesus and spoke to Him, the questions he had been saving up to ask Him no longer seemed important!

## FAITH VS. HUMAN REASONING

The challenge with the world's system of accepted health care is that the majority of sicknesses and diseases

have reduced people's lifestyles and burdened them with such ugly restrictions that they are forced to survive instead of being able to thrive. As a result, they live in serious financial impairment, and may even be forced into poverty. In many cases these patients have to live without health or peace.

It's true that what you don't hate you'll tolerate, but until they receive proper knowledge, people are being destroyed. They are unaware that there are no sicknesses or diseases in heaven and that the devil, not God, is responsible for almost all of this darkness. *"My people are destroyed for lack of knowledge; because you [the priestly nation] have rejected knowledge, I will also reject you that you shall be no priest to Me; seeing you have forgotten the law of your God, I will also forget your children"* (Hosea 4:6).

## WHOSE THOUGHTS?

When you minister healing, your greatest risk is that your faith might be mingled with human reasoning. Remember God's views are so different from and beyond anything you could image: *"For My thoughts are not your thoughts, neither are your ways My ways, says the Lord"* (Isaiah 55:8).

Consequently, you need to trust in God rather than in man and in so doing you will eradicate the devil's power over you.

Ultimately, no one can do without the Lord. When you attempt to bypass Him, you will experience spirits of fear and stress that will occupy and attempt to control your thoughts. Depending on how you express your

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thoughts through spoken words, these spirits can become major causes of sickness and disease. I believe the spirit of the words spoken will even develop cellular changes in your body.

## A PASSION FOR HEALING

For good reason, stress has been called “Public Enemy #1.” However, you have the power to eradicate these spirits not only from your mind but from your patient’s minds as well. Expect to be able to receive an abundance of spiritual knowledge and to put it into spiritual practice. This will allow you not only to renew your mind (think Bible thoughts), but change your mindset toward the positive on a persistent basis. You will achieve a unique quality of life not only for yourself, but also for your patients, as you witness miracles, signs, and wonders—all of which need to exist in the Church.

You will find that you will be extraordinarily blessed in the same way I have been. I want you to have this blessing, and God does, too. You will even find it difficult to rest, because the more you see people healed, the more you will want to see others healed. You will be amazed at how easy this is, and no doubt you will develop a powerful desire through the Lord Jesus Christ to eliminate sickness and disease wherever possible. It really becomes almost like an addiction, for it goes well beyond anything you experienced in western civilization medicine.

An obvious financial difference is that there are no charges, because Jesus never put a price on His ministry. But the blessings will multiple one hundredfold. You will

find your patients can walk in both health and joy, which will happen as a result of your patient's "one-stop shopping" at your office. All you have to do is to simply release the spiritual power that is within you.

Jesus comes into your heart when you are born again, and the Holy Spirit comes to dwell inside your human spirit. Since you are fighting the demonic realm and depending more and more on God, it would be more appropriate to refer to you as a "lean (toward Him), mean healing machine!"

## A CHALLENGE OF SIGNIFICANCE

If you are willing to receive and accept this spiritual message, dare to believe it, and have the courage to put it into action, it will radically alter your life and your career. It will take you from religion to reality!

God will continue to bless you by providing you with your own set of lifetime opportunities and challenges. He will also deal with your complex personality so you can accomplish significance in this world before the end comes. The reward for this investment of your life on behalf of others is a place in the Body of Christ for eternity along with all the blessed rewards of heaven.

By the way of contrast, if you inadvertently or unintentionally happen to compare yourself to what other physicians have done in their lives, you must never ever feel intimidated or inadequate. If you compare them to what you think you should have done, think again.

Comparison is the root of inferiority, and it's the devil's job to give you as much guilt and feelings of inferiority as possible. In truth, guilt is the devil's

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number one weapon. Guilt, by the way, is a gift that keeps on giving. Guilt is really anger directed toward yourself. Thank God, Jesus took all our guilt when He died on the cross.

You have already achieved endless accolades as a result of your dedication as a servant to your patients. Jesus is already looking at you from heaven, and He is saying, "My good and faithful servant."

Colossians 1:27 explains the wonderful mystery of the gospel that is centered on Christ in you, the hope of glory: "*To whom God was pleased to make known how great for the Gentiles are the riches of the glory of this mystery, which is Christ within and among you, the Hope of [realizing the] glory.*"

## THE FUTILITY OF DEBATE

Here is an amazing Scripture that reveals the true impact of Jesus living in you: "*I have been crucified with Christ [in Him I have shared His crucifixion]; it is no longer I who live, but Christ (the Messiah) lives in me; and the life I now live in the body I live by faith in (by adherence to and reliance on and complete trust in) the Son of God, Who loved me and gave Himself up for me*" (Galatians 2:20).

And further, Philippians 4:13 states how you can accomplish this: "*I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency].*"

God did not call us to debate with others whether

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Jesus is alive or not, or if the Bible is absolute truth or not. Neither did God intend for us to have to prove to others that the healings we witness are real or that they actually take place in us and through us by way of His mighty power.

When people approach me with a disagreement, I see little reason to argue with them. Arguing serves absolutely no purpose. The truth is that sickness and disease don't exist in heaven since Christ's redemption on the cross took care of that. Therefore, there is no reason why they should exist here.

The people who want to argue are, of course, unconvinced unbelievers. I tell them that a man with a conviction for the Lord Jesus Christ is never at the mercy of a man with an argument.

Instead, I recommend they read Psalms in the morning and Proverbs at night for one month and then get back to me. Did you know that disbelief is actually disobedience?

Alexander Pope summed it up very well:

*A man convinced against his will,  
Is of the same opinion still.*

## BELIEVE AND TRUST

In Psalm 14:1, King David referred to people who say there is no God as fools: "*The [empty-headed] fool has said in his heart, There is no God. They are corrupt, they have done abominable deeds; there is none that does good or right.*"

God tells us not to offer our pearls to those who are nonbelievers or unholy people, because they will turn

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and attack you: *“Do not give that which is holy (the sacred thing) to the dogs, and do not throw your pearls before hogs, lest they trample upon them with their feet and turn and tear you in pieces”* (Matthew 7:6).

Your part is to believe and trust that God can do His job so you can do yours, as He promised you in His Word. He is not really asking you to heal and deliver people, but He is asking you to believe Him for their healing and deliverance.

I thank God for your commitment to your profession. I know you have given your life for your patients and you serve your family, your hospitals, your community, and even your colleagues faithfully. I encourage you to absorb spiritual information like a sponge and learn everything you possibly can to provide for and extend the excellence of life to others. Here’s the bottom line: if other physicians can do it, you can do it too. If I can do it, you can do it. It’s all a part of God’s plan and purpose for your life.

## PROCLAIM LIBERTY!

Please receive the following Scripture as a personal word to you. Jesus began His ministry with this prophecy from Isaiah 61:1; it defined both His mission and His nature. This can become your mission and focus, as well. *“The Spirit of the Lord God is upon me, because the Lord has anointed and qualified me to preach the Gospel of good tidings to the meek, the poor, and afflicted; He has sent me to bind up and heal the brokenhearted, to proclaim liberty to the [physical and spiritual] captives*



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*and the opening of the prison and of the eyes to those who are bound.”*

This is a clear proclamation of liberty from guilt and all the bondages of corruption. Are you willing to make Christ your Head and to be ruled by Him so that you may receive spiritual sight and your eyes may be opened?

Please note that those who had offended God were going to be reconciled to Him. Jesus had particular regard for the sick, especially for the sinners He considered to be as His patients; He convinced awakened sinners that they needed to see their need of the Great Physician. He came to call sinners, including the worst of sinners, to repentance and to assure them of pardon upon repentance.

## GOD'S APPROVAL

It was between 80 and 90 B.C. when the apostle Paul first described Luke as “the beloved physician.” Indeed, Luke was a highly talented doctor and evangelist. He was inspired by God to write the books of Luke and the Acts of the Apostles.

Scholars have found evidence of technical medical terminology that was used in both the Gospel of Luke and the Book of Acts. Jesus recognized medical science when He stated in Luke 5:31: *“And Jesus replied to them, It is not those who are healthy who need a physician, but those who are sick.”*

This has been long established in Matthew 9:12, as well: *“But when Jesus heard it, He replied, Those who are strong and well (healthy) have no need of a physician, but those who are weak and sick.”*

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God also approved of prayer for healing in James 5:15: *“Is anyone among you sick? He should call in the church elders (the spiritual guides). And they should pray over him, anointing him with oil in the Lord’s name. And the prayer [that is] of faith will save him who is sick, and the Lord will restore him; and if he has committed sins, he will be forgiven. Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins) and pray [also] for one another, that you may be healed and restored [to a spiritual tone of mind and heart]. The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working].”*

## WHATEVER IT TAKES!

I heard about a bus driver and a minister who arrive together in heaven. The minister is assigned to an old shack and has to walk everywhere, having only the minimal basics of life. The bus driver, on the other hand, is driven to a mansion where he enjoys the best of accommodations, including a chauffeur. At the monthly heavenly conference meeting, the minister complains to St. Peter, “These accommodations are atrocious. Why should that bus driver live better than I do?”

St. Peter answers, “When you were a minister and preached, many people fell asleep during your sermons. When the bus driver drove the bus, people would pray openly.”

Pardon the humor, but we need to do whatever it takes to get people to pray.

## YOUR PRAYER IS POWERFUL

As doctors, we are representatives of Jesus. Our role in these end days should be to seek the salvation of our patient's souls and healing and deliverance of their minds and bodies. In other words, the physician's business includes healing the sick both physically and spiritually. The truth is that there is never any denominational resistance after a miracle by Jesus has been experienced and documented.

Medical science and prayer do work together to bring forth healing, but I believe that while doctors treat their patients God heals them. Some people will prefer to take pain relievers for their headaches or to undergo surgery and put their faith in doctors and medicine rather than Jesus. How often have you heard that God wanted those people with sickness or disease to go through a particular surgery or take medicine?

The big question we need to ask is: what is the patient's level of faith?

I honestly believe that everyone can be healed spiritually. However, rather than face hostility through an open confrontation, I would rather have the patient believe that God wants them to use their own doctor and medication or surgery, and what is referred to as "natural means."

Since the Bible claims that Jesus can heal you everywhere you hurt, what's wrong with turning it all over to Him, especially when medical modalities don't have the final answer?



## SEVEN

# A PERSONAL JOURNEY

**M**y belief is that the three most profound influences in our lives are:

- 1) The people we meet.
- 2) The books we read.
- 3) The God we pray to.

This handbook is not meant to be a biography, although it may appear to be such, depending on your interpretation of my words as you read. I'm using the experiences of my life that began solely in the natural realm until I learned to incorporate the supernatural realm within my work. This happened when I was able to identify it.

This book is about how God through the Lord Jesus and the Holy Spirit, directed my life, with my permission, into my destiny of a healing and deliverance ministry.

These things are being shared with you so that you can appreciate their reality and come to understand that

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the same thing can happen to you (or perhaps has already happened to you). Also, please remember that these events and experiences do not represent a model for you to follow, for my own spiritual growth does not present a pattern that you should necessarily pursue.

Understand that all natural life is really spiritual first—spiritual because it was with God before it was actually created in the natural realm. The supernatural realm is what controls the natural, and this is why healing occurs.

Most people are unable to appreciate the immenseness of the supernatural domain since it is not visible, unless God allows one to see with spiritual eyes into the supernatural.

However, during your reading of this handbook and your Bible studies, you'll find that the Lord will open up the supernatural realm for you far beyond what you think, see, feel, hear, taste, or smell in the natural realm. The majority, if not all of the activities and medical/spiritual events that have occurred in my own life have to do solely with the power, influence, and guiding of the Holy Spirit.

## GOD HAS NO FAVORITES

A minister once told me, “We spend the first part of our life searching for security, and the rest of our lives looking for significance.” This could be what the hymn writer meant when he wrote, “*Now none but Christ can satisfy; no other name for me. There's love, life, and lasting joy, Lord Jesus found in Thee!*” He said, “*Are you searching for contentment? Try Jesus!*”

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The truth is that I stopped looking for any notoriety associated with significance (what some may call pride), because when you are filled with Jesus, you no longer get impressed with yourself because of what Jesus does for you through Him.

I trust you have already come to the conclusion that this handbook is about Jesus, not me, and it tells what He has done to allow me to bless others within the Body of Christ. My only goal is to bless and help doctors enhance their medical practice with the healing and deliverance ministry gifts they have received from the Lord.

Again, understand that God is no respecter of persons. Since He has done these things for one person, including signs, wonders, and miracles, He will absolutely do it for you, as well. Put yourself in my place as you read these pages and expect the things I've experienced to occur for you as a believer.

God has no favorites, as Peter declared: *“And Peter opened his mouth and said: Most certainly and thoroughly I now perceive and understand that God shows no partiality and is no respecter of persons.”*

## THE ONLY JEW IN THE SCHOOL

The first time I was motivated to consider medicine came about while I was in high school, and I was working as a cashier in a large supermarket. Another cashier had just completed ringing up a large order on the conveyer belt and turned to me and said, in a rather exhausted voice, “I’m not going to do this for the rest of my life—I’m going to college as a pre-med and become a doctor.”

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Soon thereafter, my family moved again and I had to register for my eighth different school. This time it was Central High School, in Philadelphia, an all boys' school. When I reflect back on this, I often wonder what God's purpose was for me in facing all these new environmental changes. Thank God, I never had to experience another seventh-grade challenge of being the only Jew in the school; however, I guess I would still recommend it if you're looking for a way to develop a great sense of humor!

## QUESTIONS AND ANSWERS

I was a few weeks away from starting the eleventh grade when as I entered the stairwell of our rented duplex apartment, I noticed the door to the first-floor apartment was wide open. I took note of a young man who was sitting on the sofa with his feet elevated. He was wearing shorts and pulling a string back and forth that was tied to his big toe.

After I introduced myself, he informed me that he was a third-year medical student studying the muscles of the foot. I learned that his name was Paul, and he quickly became my friend, mentor, and "answer man."

Much later, as I looked back on that relationship and others, I was amazed to see how God had placed the appropriate people in each level and phase of my life. The more answers I received from Paul, to my questions, the greater the level of my hunger became. It's so true that you become who you hang around with, as I learned in those formative years when the direction of my early career began to take shape.



## “WHY AM I WATCHING THIS?”

That same year, I became aware of the first great televangelist, Oral Roberts, who was ministering to huge crowds in tent revivals all over the country. The focus of his ministry was on healing and deliverance. Roberts had the courage to step out with his spiritual beliefs in spite of the challenging controversies his activities created everywhere he went.

After school and on weekends I would look for his program on television and sit glued watching—with increased enthusiasm, but without any understanding, as I attempted to figure out what I was seeing and experiencing.

Rev. Roberts would place his hands on the heads of people, and, as he touched them, they would fall backwards for reasons I did not comprehend. I would stare at the screen, almost mesmerized, and think how dumb it all seemed to be. Then I would ask myself, “Why am I watching this?”

I never really understood its purpose, but it repeatedly captured my attention. There was no way I would have believed that what I was watching was a spiritual thing that involved healing, especially when I had no particular health issues and weren’t aware of anyone else having them. Nonetheless, I was fascinated by what I was seeing.

Later, I learned that ‘enthusiasm’ means ‘God within’ and I would use the last four letters of the word enthusIASM an acronym: **I Am Spiritually Motivated.**

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## AN ENCOURAGER

Also during the eleventh grade, I had to visit my local doctor to complete a health form for school. What a surprise to find I developed an instant friendship with Dr. Arthur, who became my teacher, as well. He was an encourager, like Barnabas in the Bible was, and I began to visit him frequently, not only at his office, but also when he invited me to his home, as if I were a part of his family. That's one of the reasons why I have become an encourager to others as well, just like you will be to your patients.

Soon thereafter, I was privileged to receive a science book that I interpreted as being restricted to doctors. It was entitled, *Man the Unknown* by Alexis Carrel (1873-1944), a Nobel Prize winner and a surgeon. I read how this experimental biologist kept tissue from a chicken's heart alive for thirty-two years among other amazing stories.

Dr. Arthur told me how he handled certain medical situations, and he shared with me medical tips that he had learned in his practice. I never forgot any of them, especially how to respond to the mother who asks, "What you do think about my new baby?" He told me to say with emotion, "Now, that's a baby!" But he really meant it.

In the first week of twelfth grade, we were instructed to spend the coming weekend by focusing on the major decision regarding what we wanted to do for our future career.

Representatives from various colleges would be

present at the school in the following week to answer our questions.

Central was an elite academic school that was accredited to issue college-level degrees to its students upon graduation. I remember filling in that form, and I wrote the words “Pre-med” in the appropriate space. Later, I realized that the Holy Spirit knows our destiny even before we do. This choice of pre-med was a bit scary to me, for I knew there was no one in my family who was in the field of medicine.

Why had I made this choice? Perhaps my friends Paul and Dr. Arthur had great influence in my life.

### “YOU NEED TO DO SOMETHING!”

In my last year of high school, I purchased a book entitled, *William Sharpe, Brain Surgeon*. I learned amazing things from this neurosurgeon’s experience, things that again drastically changed the direction of my life.

I learned that this man happened to attend the same high school in Philadelphia that I was attending! This apparent coincidence made me sit up and listen to what he had to say. I decided to attend Albright College, a small school in Reading, Pennsylvania.

In my second year there, my astrophysics major friend spoke to me in the locker room with the dynamics of an actor. He lifted up his voice said, “You need to do something in your life and become somebody! Why else were you put here on earth?”

I was already majoring in biology and chemistry as a pre-med student, but this thought had become a major

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impact in my growth and I adopted it as my lifestyle, as I began to play the role of a motivator.

As a follow-up to this, fifty years later, following our class reunion, I was able to locate his telephone number and was stunned to learn that he had become an atheist. He was basically just existing in life for he had lost his dream.

### ASTRONOMICAL!

One summer, while I was in college, I decided to study astronomy as an amateur, and I purchased and set up a new, eight inch telescope that cost close to two hundred dollars. I needed to know more, and I stepped out with a boldness that I didn't know was available.

I called the Director of the Planetarium in our city and was amazed that he actually came over to my home one night to help me learn more about astronomy. His knowledge was extensive to be sure, although I was going to say it was astronomical! He pointed out heavenly activities, including falling stars, and even spotted a satellite that was orbiting the earth. I was astounded by his versatility and his ability to be able to operate the telescope, included tracking. It was all immensely fascinating to me.

What a gentlemen and teacher he was, as he responded to my unanswered questions, such as who was responsible for those billions of stars and all the other moving forms in the vast cosmos?

Was there really a God? How could this God take one inch of the tips of our fingers and design billions of different fingerprints and DNA's for all the people He

created? In a similar vein, we could now ask how He could do the same thing by creating different eye recognition patterns for the identification of individual human beings?

### MUSIC OR MEDICINE?

My mother played the violin in the symphony orchestra, and later she became the bookkeeper for one of the great opera companies. With this influence in my life, I also became absorbed with music, and I took violin lessons from the time I was in sixth grade until the beginning of my first year of medical school. I also took lessons briefly from a student at Julliard School of Music, but I quickly realized I couldn't do both.

Eventually, I played in the Reading Philharmonic and Savannah Symphony Orchestras, and at one time I seriously considered music for my career.

My father played the mouth organ, and so I eventually studied the chromatic harmonica, so I could play classics like Bach, Beethoven, and Brahms. (My current desire is to play the three-stringed, triangle shaped balalaika.)

God continued to "drop" people into my life, as I am sure He does in your life. One afternoon, for example, I was walking through the college gym after a class, and the janitor, a part-time minister, approached me. Within ten minutes, he told me about the ineffectiveness of all my books, including the pre-med ones I was carrying around. With simplicity he shared with me the value of Jesus in the lives of people. It was a powerful message, and the truth of it affected me later in life, but I did

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everything I could at that time to ignore it, since I was already programmed as a Jew.

## A DESTINY DECISION

The more I reflected back on the path of my life, the more I was impressed with what God had been doing all along. Those early experiences were just the beginning preparation for me to move into the field of medicine, but I believe the desire to do so had been long in place. One day I would fulfill this destiny through God.

Then, in 1984, while at a business convention, I attended a nondenominational worship service, and I said a prayer I really didn't completely understand. However, it was a simple prayer of salvation, and I had been born again.

Soon thereafter I found myself asking the Lord to fill me with the Holy Spirit, especially when I went to bed at night. But I didn't join a church or become what you would call an "active" Christian."

Until 1991, I was oblivious to God, even though I had accepted Jesus into my heart. I never had a reason to acknowledge Him since I was too involved in me, myself, and I. This is affectionately known as the "I" disease.

I did experience two exceptionally more-than-close calls on my life and, although I was extremely grateful that I got through them, I was still too young, immature, and dumb to accept the truth that God and His angels were always on duty. I didn't realize that they had saved me from drowning and from being struck by a bus. Later, things changed when I started reading the Bible, and I

began to receive the Word into my spirit.

God always dwells within you through His grace and mercy from the time He created you in your mother's womb. God enjoys communicating with you and interacting in your life, so when you begin to take action based on His direction, you'll find that your life will become an endless adventure that is limited only by your creativity and obedience to His voice. That's where peace comes from—obeying God.

## HOW COULD I BE REJECTED?

How I was able to get into medical school is a miracle in itself. My brilliant mom, who was also Jewish, played a key role.

As a doctor, I'm sure you know what it was like to wait to hear about your approval (or rejection) from your application to medical schools. The crazy, mixed-up emotions that are associated with waiting to hear are sometimes overwhelming. It finally happened. I got an answer after several weeks of waiting. The result was instant depression! The letter read, "Sorry to inform you that...."

You know the rest! How could I be rejected? Going to medical school was my passion. When I told my mom, who had been referring to me as "My son, the doctor," from the time I was seven years old, said, "Good, that was not your first choice!"

That was true, but I would have accepted it anyway. She advised me to write to the school of my choice and inform them that, "I was already accepted to another

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place, but that I would prefer to go to their medical school.”

I was never comfortable thinking that was a God idea, but I realized, thank the Lord, it was a great idea when I finally got accepted by my first choice. Thank God, my parents were able to pay for my tuition (approximately one thousand dollars a year), plus room and board, which was an extraordinary amount of money at that time.

### AN EGOTISTICAL SURGEON?

For me, my study time required an average of six hours nightly after school and fifteen hours each weekend. My toughest course in medical school was epidemiology. They had to pass me, however, because I did well in all my other courses!

One of my biggest thrills was that I was asked to help write a small part of the school play, which I called, “Not as a Cowboy,” In this production, I played a Groucho Marx character. This was a takeoff on a book entitled, *Not as a Stranger* which was about an egotistical surgeon. Did you ever encounter one of them?

Groucho, by the way, resigned from the Friar’s Club because he refused to belong to any organization that would accept him as a member!

### OFF TO PARRIS ISLAND

In my matching rotating internship application program, I was fortunate enough to obtain the hospital and the elective of my choice, Reading Hospital and neurosurgery. I thought that would be the toughest and



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most challenging field I could choose, especially after reading that book about the brain surgeon. Of course, my mother was responsible for me going into neurosurgery since she always told me that in life I always had to get “ahead.”

She loved my sense of humor, or perhaps she just put up with it!

Since I had to enlist in the military service, I applied to the U.S. Navy and eventually received notice that I was to be stationed at Parris Island in South Carolina as a Navy lieutenant. It was a unique experience, one I would never forget. My time there was an enormous contrast to medical school, internship, and sometimes even medicine itself.

## A CAREER DECISION

The Navy corpsmen I worked with were awesome. My first day of indoctrination doing H and P's (history and physicals) to a huge line of Marine privates started off rather poorly. I wasn't unable to hear any heart or lung sounds until I listened to the chest of the third recruit. I stopped and realized something was very wrong. I discovered that one of the corpsmen had stuffed the diaphragm of my stethoscope with cotton!

I learned skills I never knew, including how to examine large groups of young men and women (navy Waves) who were healthy, supervising vaccinations that were administered to hundreds, caring for those men who were confined to the brig, treating the recruits, Marines and their families, and gaining skills in playtime activities, such as bowling, photography, pool,

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swimming, and shooting on the rifle range. Having made a career decision, I needed to apply for a neurosurgical residency program and obtain an interview.

## THE EJECTION SEAT

Since I was very familiar with the Philadelphia area, there was a program I wanted to attend there, and I was sure I would be accepted. I took a risk by depending on my faith and only applied to that one program.

Time restrictions limited my options since I could only acquire a four-day or 96-hour leave for the interview. However, only by flying there and back could I squeeze in the time that was available. To meet the Navy requirements, I had to pass a high-pressure chamber course so I could hitch a ride in the back seat of a T1A single-engine jet.

My next-door pilot buddy friend informed me that the toughest part of the exam was at the completion of the test when I was strapped down in the demonstration ejection seat. He told me when I heard them shout, "Pull," I had to respond instantly and pull the lever overhead. He explained that this was necessary in case I had to eject during the flight. He explained in vivid detail how I would then be shot fifty feet into the air!

As a result, I began to associate the word "flight" with fright, but I knew I had to qualify and tolerate this in order to get the residency interview I was seeking.

Sitting in a chamber at an altitude of 20,000 feet and then without oxygen for a short period of time wasn't too difficult. I believed my pilot friend until I pulled that lever on command and only moved some ten feet or less,

but I was still restrained on the metal platform.

Praise the Lord, I passed the test and had the most spectacular ride of my life. Also, I was accepted for my neurosurgical residency and scheduled to begin my four-year neurosurgical program following my discharge from the service.

### LEARNING ALL OVER AGAIN

During the time of my service obligation, I developed a unique friendship with a high-ranking navy officer, Captain Fred E. Jackson, who was the Chief of Neurosurgery at the Charleston Naval Hospital in South Carolina. During those two years, I visited him frequently and learned an immense amount of practical neurosurgical training information. It was more like an apprenticeship or a short residency program without the blood, even before my residency ever commenced.

This was just another godly coincidence that involved a man who became a hero to me, in the same way that my next-door pilot buddy had become a friend to me. Fred was a gifted teacher who loved people and was always ready to research and train with his ready-to-go movie camera. This is a tribute to him.

My four-year neurosurgical residency was overwhelming, but thoroughly exciting as well, and it was so enormously different from my past training that it was like going back to medical school and learning all over again, with almost entirely different information. I wonder if you can get addicted or rather dependent on the thrill that comes from learning. Perhaps it has to do with our endorphins and the encephalins.

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In 1989, my father was diagnosed with a highly malignant tumor, and the tissue biopsy revealed a sarcoma. Unfortunately, the tumor had become metastatic and untreatable. I was already in neurosurgical practice and immediately understood that there was no amount of medical knowledge that would resolve this. He did have excellent oncologists in a top-notch hospital, however.

## UNBEARABLE PAIN

Later that same year, I myself was diagnosed with bilateral plantar fasciitis associated with spurs. My prognosis was good in that it was not life-threatening, except my colleagues informed me there was no cure or definitive treatment for this condition. I was told I had to learn how to tolerate intractable pain.

My question was, “Where can I enroll in Toleration School? The challenge was that I couldn’t take pain medication while working in the operating suite and worse, taking pain medication was against my philosophy anyhow.

My father died in November, 1990. I was with him the night before as he passed away, suffering with unbearable pain in spite of a morphine drip. Unfortunately, he was not open in any way to receive salvation or even to receive prayer.

I made a promise to myself that I would find some way to help these unfortunate victims even though I believed from all of my training and knowledge that an

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answer for healing or even any kind of cure was not possible.

You probably won't be surprised to learn that I found a way to treat patients who were suffering with chronic pain when I met a Medtronic representative who came to my office. The specialized program he offered was referred to as neuroaugmentation. He explained that substances naturally produced by the brain, called beta endorphins, act on the periventricular and periaqueductal areas to alleviate pain.

Neuroaugmentation takes advantage of this system by the use of electrical stimulation of deep brain structures and the spinal cord to relieve debilitating chronic pain.

Soon thereafter, I began to treat patients with neurospinal pain implants and later learned how to implant morphine pumps, mostly to alleviate the useless pain associated with a malignancy.

## FIGHTING THE ENEMY

These units were not the answer, however, which explained why only a small percentage of neurosurgeons were involved in this treatment. I never realized at the time that there was something that could be done about chronic and terminal conditions. It was very fortuitous that I learned how to have access into the supernatural realm through Jesus as a result of my personal healing and have the opportunity to get even with the devil through Mark 16:18; *"They shall lay hands on the sick,*

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*and they shall recover*” (American Standard Version).

The Bible gives advice to never seek revenge or bear a grudge, but I’m referring to those cases in which we are fighting the enemy, who is also the deceiver. You need to understand that one of the many ways the enemy comes to you is through people, but this includes the media as well. *“You shall not take revenge or bear any grudge against the sons of your people, but you shall love your neighbor as yourself. I am the Lord”* (Leviticus 18:19).

## THE HOPE FACTOR

As a result of this tragic experience with my dad, I realized one of the major reasons for getting involved in a healing ministry was to have a resource that would give people *hope*. This is in contrast to the times when I’ve had to inform a family and sometimes a patient that nothing else can be done.

Do you have any idea what it’s like to have hope or not to have hope? The truth is that hope can lead to faith, but hope is not enough, since you can still die with hope. Here’s the difference. Hope is in the head, but faith is in heart. Hope is in tomorrow, but faith is in today.

I’ve had to treat too many patients, who have no hope just like you have. Their medical condition seemed beyond finding a cure. What a blessing it is to be able to give people hope. But thanks to Jesus, it is better to give people Bible hope. Why? Because Bible hope involves significant faith.

## UNEXPECTED—UNEXPLAINABLE

In 1991, a salesman came to my office asking me to purchase an advertisement in his local Christian business telephone book. In exchange, I was supposed to expect enough patient referrals to at least cover the costs.

He spotted a book that was on my desk. It was written by Benny Hinn and was entitled, *Good Morning, Holy Spirit*. When he heard me mention I was scheduled for a vacation at Disney World, he insisted that I visit the author and his church in Orlando. I promptly explained that Jewish people don't go to Christian churches, (although I never considered the service at a business convention as a church).

I was unable to explain to him why I read a Christian book, and I never told him about my chronic, intractable pain.

However, once I was at Disney, my curiosity overcame my tradition and I was advised I had to be at the Orlando church by 6:00 A.M. in order to get a seat. At that service, Benny Hinn showed a video from a healing service that had been recorded the previous night with Rex Humbard. It was rather "weird" to me, for I saw all the ministers lying on the platform "praying in tongues," as it was later identified to me.

As I watched this unexplainable, almost Disney-like event, something amazing happened almost instantaneously. In just a moment I felt a powerful "heat" come into both my feet and radiate up my legs. Suddenly, all the pain that I had experienced for so long completely disappeared. I didn't know what had happened, and there

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was no way I could explain it.

After two and a half years the excruciating pain was instantly gone. I immediately leaped up and started jumping up and down. I had not been able to do this since the condition started, and I certainly couldn't have tolerated the pain that would have resulted from that kind of activity. At the same time, I started crying. I couldn't believe the total and instant relief I was experiencing. I was initially embarrassed as I stood there and I cried until I saw many other people who were also standing. I figured they were probably healed as well.

“IS THIS REAL?”

Then I found myself speaking negative confessions! I was saying everything I train people not to say when they are being instructed on how to get healed and stay healed. I asked myself, “Is this real? How long will this last? Will my pain come back?”

This became my radical, mid-life conversion in which God showed up with my spiritual and physical healing.

However, in the meantime, when I was finally informed that Jesus was responsible for my liberation from this bondage, my intellectual response that traveled from my mind into my mouth and tongue was, “I don't think so!” even though I had experienced a supernatural miracle from God. I was told, “There is nothing wrong in being ignorant; you just don't want to stay there.”

Obviously, I refused to acknowledge the Hero of this life changing event in my life because of my lack of knowledge and my pride. This was without doubt the



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same reason I never allowed myself to be “sucked into” that Jesus “stuff” I had heard and occasionally read about.

You see, I already had my life together, especially in my medical practice. I did ignore for that moment what had happened to my father, however.

I came to realize that there is a cycle that occurs in life. It goes something like this: Pride...leads to...rebellion...leads to...judgment. Pride and rebellion are the first two sins reported in the Bible and this shows you that the devil had no reason to change his tactics against us, since this cycle always works in the life of every uninformed person.

## A NEW HUNGER

In my research, many months, many books and tapes later, I began to feel comfortable with my new paradigm. I knew the Holy Spirit was responsible for my intense desire to read and watch more than 500 books and tapes. This new hunger to learn about the supernatural was revelation to me.

Then I started memorizing Scriptures, because they were very inspiring to me. There was one passage in particular that I would repeat often. It's Isaiah 6:8, and it seemed to “pop” into my consciousness and become momentous in my life. This occurred to me whenever the thought came into my mind that I was going to be on a mission to share what I had learned.

Then I would rehearse this verse in my mind: *“Also I heard the voice of the Lord, saying, Whom shall I send?”*

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*And who will go for Us? Then said I, Here am I; send me.”*

My first book, *Healing Is Yours*, took seven years to write. It was motivated by the preceding Scripture, as well as the miracle of my own healing, and the desperate need to offer some kind of “hope” to the sick and dying.

I am so thankful to God for this opportunity to become involved with healing and deliverance. I could have missed life completely by not joining up with God at all; late involvement was far better than no involvement.

## EIGHT

# THE MIRACLES MULTIPLIED

**A**s a scientist, I never studied and was never exposed to the healing power of God, even though I did read the Torah. I did catch up much later, however, when I learned that my awesome healing occurred through Jesus and the Holy Spirit.

Also as a scientist, I was quite dependent on what I would observe and perceive with my physical senses before I could act on it. But the challenge is that, in the supernatural realm, you only want to be moved by what you believe, not by what you see, feel, hear, taste, touch, or smell.

Did you realize that as long as you live, Satan will use these senses against you? That is exactly why you can't investigate the spiritual realm with your senses, since it's only accessible by faith. Further, the reason why you aren't able to understand everything is that if you did, you wouldn't have to live by faith.

That "hunger" you possess as a doctor, to learn and to achieve, along with your growing faith, is exactly why you will be so successful as well in this healing and deliverance ministry. The switch-over gets easier and

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easier as you become increasingly exposed to more and more spiritual tests and witness the miraculous results.

The Scriptures soon became part of my vocabulary. I once took a laser course in Tennessee to evaluate a possibly better method to remove herniated lumbar discs in a way other than the classic laminectomy. My cadaver, which was being stored in a freezer, was not allowing me to enter into the disc space with my pointed trocar in order to begin the procedure. I told my professor that, "Many were cold, but few were frozen." I was excited when he laughed at this Bible humor, because I knew he recognized the verse from Matthew 2:14: "*For many are called (invited and summoned), but few are chosen.*"

I was called by an attorney to testify as an expert witness against a doctor who had supposedly missed the diagnosis of a cerebral aneurysm, which presented sudden, severe headaches in his patient. I immediately told him, "No way!" He asked why, and all I could think was my paraphrase of the Scripture, "Let him who is without sin throw the first stone." This is what Jesus said in John 8:7. It was His answer to the question about how to handle the condemned woman who had sinned: "*However, when they persisted with their question, He raised Himself up and said, Let him who is without sin among you be the first to throw a stone at her.*"

## WOULD HE DIE?

The Lord used me following a particular emergency operative procedure as a yielded vessel. The background of this crisis involved a nurse's father who was deteriorating rapidly from the pressure build-up that

came from a chronic subdural hematoma. The intense pressure on the brain was life-threatening because of the accumulation of blood and its breakdown products, which included associated swelling and edema. In addition, the mass causes the brain to shift and cuts off the blood supply.

The operating room staff was phenomenal in getting everything set up. In a very short time, really just minutes following the decompression with the enlarged burr hole, the patient woke up. As soon as his head was properly bandaged, I thought it would be a great idea for his daughter to chat with him since she was almost panic-stricken as a result of her belief that her father was going to die.

I dialed his room number and handed him the phone while we were waiting for the recovery room stretcher.

I said, "Say hello to your daughter." The first thing I heard him say after, "Hello," was, a very loud, "What do you mean how am I doing? I'm doing fine! How are you?"

### SURPRISING WORDS FROM MOM

In the early 1990's, my mother developed a carcinoma of the breast and had major surgery, followed by chemo, and radiation therapy.

She was blessed to survive, but she wasn't able to cope with the emphysema and the development of COPD which resulted from smoking for so many years. Toward the end of 1996, I visited her in her hospital room and ministered healing to her, but only after the nurse who came in to do vital signs was healed of a rotator cuff

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injury through Jesus. I took advantage of that sequence of events to lead my mom to the Lord. She stunned me when she said, “Thank you for bringing Jesus to me.”

How many times, and for how many years before that did I hear my mom say, “If you ever become a Christian, please don’t tell me”?

### WHAT WOULD I WRITE ON THE MEDICAL CHART?

A patient was seen in neurosurgical consultation with the diagnosis of acute lumbosacral sprain and basically was unable to move as a result of the pain and severe spasms he was experiencing. There was no history of sciatica. Both he and his wife were open to prayer, and I ministered healing to his back. I placed my hands on the areas of concern and spoke while he listened. When I finished, he was immediately healed. I had him get out of bed, which he did quickly and was able to bend his back while touching his toes without any limitations.

He wanted to go home, but my challenge was to explain and justify his admission and discharge on the same day. In addition, I didn’t know how I could report this event on his medical chart. How could I write that Jesus had healed him?

Fortunately, he was willing to postpone his discharge until the following day, just to confirm that he remained asymptomatic. On the chart, the progress note read that the patient had improved and his back pain was resolving. I told his attending doctor that there was no neurosurgical problem and that he could be discharged the following day.

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In spite of all this excitement with these spiritual activities, I had no intention of going into the ministry. I may have been called, but I was fighting it to the best of my ability. At that time, I wasn't interested in getting more involved and never considered this to be my destiny.

### A CEREBRAL ANEURYSM

A pastor's husband called me to minister to his wife who was in the ICU and was diagnosed with a cerebral aneurysm. You already know the scenario when you tell the family that their loved one is living with a time bomb in their head that could go off any minute and that they could die from the rupture of the bubble on their blood vessel.

The history of this lady revealed a classical picture of an overwhelming headache, photophobia, nuchal rigidity, and confirmation by angiography. Her husband explained that he was holding his wife's head up with one hand so she could be elevated and holding the cell phone with the other so she could talk to me. She was sufficiently awake so she could hear me and respond.

I commanded her headaches to come out, her neck to become supple, and the light intolerance to leave. Immediately, I told her, "Your headaches just went away," and she confirmed it. I said, "You can open your eyes to the light now," and she could. Then I told her to bend her head so that her chin could touch her chest, and she could.

She was basically healed within minutes. I couldn't believe what had happened, but I did believe it was

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possible, having witnessed the earlier miracles. Repeat angiography was reported normal.

## PRAYER AND THE MEDICAL EXAMINERS

A patient was referred to my office who had a classical picture of a herniated lumbar disc. She had low-back pain, sciatica, and neurological signs. The patient, however, refused any consideration of surgery, physiotherapy, or any form of prayer.

At that point, I experienced a “stupidity attack” that affected my memory, hearing, and judgment. I believed that she might still be thrilled to see the healing power of Jesus in operation. Whenever I reflected back on that event, I could hear Judge Judy say, “What part of ‘no’ don’t you understand?”

I was still thinking how awesome it was for a patient to be able to leave my office without pain, neurological impairment, hospitalization, pre-op studies, surgery, blood loss, or any charges. As I prayed briefly, I instantly saw strength returning to this woman’s foot. I did stop immediately at her request again, but apparently not soon enough!

Almost a year later, I received a letter from the Board of Medical Examiners of New Jersey that asked me to appear before them with my attorney to explain my actions for being involved in non-medical-practice activities. At the hearing, they pointed out that my license was limited to the practice of medicine and surgery, which meant that they wanted to suspend my license for having prayed for this lady.

This was an intense meeting, to be sure. Thank God



for my lawyer, who was the top malpractice attorney. We won. Afterwards, my lawyer jokingly informed me that he was thinking of hiring me for his office. The truth was that I knew my responses were blessed by the presence of the Holy Spirit. I found a great doctor's definition for this blessing. "A blessing is the uncanny, innate ability to overcome adversity."

What an awesome time to learn about the power of the Holy Spirit—just in time, when you really need Him and see Him working in action. The Lord will always guide your lips: "*For the Holy Spirit will teach you in that very hour and moment what [you] ought to say*" (Luke 12:12).

### "SPIRITUAL ESCAPADES?"

Another significant challenge occurred as the result of a telephone call from one of my neurosurgical colleagues; it took place during the middle of office hours. As an officer of our Neurosurgical Society, he had to inform me that my nonneurosurgical activities such as prayer, and praying for patients was unprofessional.

He didn't approve of these "spiritual escapades" even though the Bible says that believers: "*Shall lay hands upon the infirm, and they shall be well*" (The Darby Translation). In other words, I wasn't fitting into the mold. I was upset about being judged, but I found this Scripture, believing that it would make me feel better, but it didn't: "*For just as you judge and criticize and condemn others, you will be judged and criticized and condemned, and in accordance with the measure you [use to] deal out to others, it will be dealt out again*"

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*to you*” (Matthew 7:2).

I certainly wasn’t going to allow my colleagues’ attitudes to affect my spiritual activities. It seems that sometimes you have to “pay the price” for what you believe and desire.

One day during neurosurgical rounds, I prayed for a patient, and I was reported for having done so by the patient in the next bed. A few days later, I had to meet with the medical director of the hospital and the chief of staff. I was informed that I was not allowed to pray for anyone since my license to practice was limited to just medicine and surgery. That sounded familiar.

They gave me another example of a physician who not only prayed for patients, but actually gave out Bibles. The medical director asked me, “Can you believe that?” I told him, “I find that hard to believe.”

The truth is that I have done that myself, but never suspected this was done in error.

## “WORD” SURGERY

As a doctor, I trust you are seeing how you can learn another, but certainly more powerful way, to heal the sick, eliminate sicknesses and diseases, and offer hope where there is none. That is, you can be an evangelist through this training. I’m referring to the supernatural realm in which you, as a believer, can minister healing to your patients, because the Bible states in Luke 16:18, “*They will place their hands on the sick and cure them*” (God’s Word Translation).

Many doctors are quite familiar with the spiritual information within this textbook, and they will be blessed

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to discover that this handbook will support them almost as if it were a personal coach to them.

I'm talking, for example, about emergency situations, such as the following: I received a call from a mother who needed immediate prayer for her little girl, who had just fallen down the stairs and had sustained an acute elbow trauma with pain, and marked limitations of movement. (When I first began healing on the telephone, I would first obtain an X-ray report.) I ministered healing to her and never asked why she called me instead of taking the child to the emergency room or even who had referred her to me.

I also learned in that conversation that her daughter had a diagnosis of hemolytic anemia that was associated with splenomegaly. After ministering healing, her elbow pain vanished within several seconds. I also believed her blood disorder was resolved, because God doesn't tease. If He heals one condition, He won't allow another one to remain. What all this means is that I discovered you could do emergency surgery through the power of the Word.

The question is, "Why would you want to minister healing?" It is that the Bible says, "*They will put their hands on those who are ill, and they will get well*" (Luke 16:18, The Bible in Basic English Translation).

## MIRACLES IN MEDICINE

You have already been indoctrinated with the scientific approach, and you've learned to depend on what your peers, your colleagues, your journals, your textbooks, and your latest up-to-date research has to

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offer. But please let's understand this: many physicians have already seen miracles in medicine.

The answer is straightforward once you've seen the results of spiritual success in healing, because Jesus is still in the healing business. The majority of the time the outcomes I have seen are instantaneous, with miracles, signs, and wonders, regardless of the patient's diagnosis.

Let me add that as a result of being healed of an incurable pain ailment myself, I found a way to heal more people through Jesus by laying hands on them than I ever could have with the scalpel.

There are more and more doctors who are applying biblical principles, and this enables them to avoid those times of having to say to their patients and their families, "Sorry, there is nothing more that can be done."

## WHAT WOULD PATIENTS LIKE?

How would you like to be able to receive the supernatural spiritual knowledge and wisdom that is already available within you so you can communicate with your patients in the spiritual realm and witness their healings?

I listed the following ten questions in an attempt to cover possible reasons why your patients would call you in the event they needed to be healed:

- 1) Would they like to avoid their need for surgery rather than anticipate it?
- 2) Would they be "open" if there were spiritual answers to resolve the suffering from their long-term medical condition?

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- 3) Would they like to forget that negative report from their caregiver that they don't have to accept?
- 4) Would they like the Great Physician to turn their daily struggle from surviving to thriving?
- 5) Would they be willing to be ministered to and consider a healing treatment for their condition instead of indefinite treatments?
- 6) Would they be willing to listen to a recovery process for their medical condition that can sometimes be referred to as instant "get better"?
- 7) Would they like to receive complete relief from their intolerable symptoms and associated bondage?
- 8) Would they like to live with peace instead of hopelessness and have the faith to do so?
- 9) Would they like to refer a loved one who might have any of these needs and who is also looking for help?
- 10) Would they like to look forward to blessing others also? *"They will place their hands on sick people. And the people will get well"* (Luke 16:18, New International Reader's Version).

## REASONS TO GET INVOLVED

You do know that many medical schools are already teaching faith and prayer because patients are demanding to hear about this untapped resource of healing power. In considering other purposes for getting involved, you have to deal with the increasing horrendous challenges of rising malpractice costs, greater doctor-patient-legal risks, unnecessary insurance doctor abuse and control of

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patients, imposed governmental medical practice limitations, rising lack of insurance coverage, and even threats of being forced out of medicine. However, I still looked at the word *crisis* like the Chinese do, as hidden opportunities.

Finally, let me point out that in these end days, we need to help people prepare for where they want to spend eternity, for there are only two choices. You could call that decision a “no brainer” because not making a decision is a decision, albeit a negative one. *“Arise [from the depression and prostration in which circumstances have kept you—rise to a new life]! Shine (be radiant with the glory of the Lord), for your light has come, and the glory of the Lord has risen upon you! For behold, darkness shall cover the earth, and dense darkness [all] peoples, but the Lord shall arise upon you [O Jerusalem], and His glory shall be seen on you”* (Isaiah 60: 1-2).

## THE SWELLING DISAPPEARED

The only way revival is going to happen is through the people in the Church, which also needs to be a hospital. Churches should open their doors to the sick and bring miracles, signs, and wonders to the people.

I have a close medical colleague who graduated from medical school with me and was later healed of arthritis in his fingers. I saw the erythema and swelling disappear instantly in the skin over the proximal MP joints in both hands and the pain resolved while I led him to the Lord through the prayer of salvation. All he did was believe

that Jesus Christ was the Son of God and accept Him into his heart.

## BREAKING THE FALL

The following story is one of the best examples I ever heard about of how to exemplify the truth of what Jesus did for us when He went to the cross.

George Vandeman tells the amazing story of the lighthouse that was being built on the rock-bound coast of Wales. When the building was nearly completed, one of the workmen accidentally stumbled and fell back through the scaffolding to the rocks below. The other workmen, shocked at what had taken place, didn't dare look down for fear of being unnerved at what they might see.

Heavy-hearted, they backed down the ladders. But to their surprise and joy they saw their fellow workman lying upon a tuft of grass, shaken and shocked, bruised to be sure, but not seriously harmed. Beside him lay a dead lamb. A flock of sheep had been wandering by, and a lamb had broken his fall.

The powerful truth is that we all need to grasp the truth the True Lamb has broken our fall and has defeated death for us!





## NINE

# IF I NEEDED A BIBLE, I WOULD HAVE RECEIVED ONE IN MEDICAL SCHOOL

**I**t was a tough, neurosurgical on-call weekend. The word “insomnia” never became part of our personal vocabulary, as doctors, for it was restricted to patient use only. Several never-ending emergencies required my continuous presence at the hospital even when I had just arrived home that Sunday night to spend some time with my wife.

Then the phone rang.

An acute traumatic situation demanded my immediate attention as a resident so I had to return to the hospital to be of help. When I arrived in the operating room, the senior resident, who was aware of my limited time at home, said to me, “If you were supposed to be married, the chief would have issued you a wife.”

When I reflect back on that specific time, I realize

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that the same was true of the Bible in medical school, for if I needed a Bible, one would have been issued to me!

Incidentally, as we were rushing around to complete that emergency procedure, I'm embarrassed to inform you that was the night I accidentally knocked over the suction machine. At the same time, the chief surgeon was about to make the scalp incision and eventually expose the dura so he could proceed with the evacuation of this man's acute subdural hematoma.

I thought the noise of that huge falling glass jar striking the floor into a million pieces of glass would never stop. I often thought if I had been able to record it on stereo, it wouldn't have sounded any different than what I can still hear when I go back into my memory bank and press, "Play."

Thank God, the only one who didn't appear to hear it was the chief who was so focused.

## THE EVIDENCE OF SCRIPTURE

How do you know you need something if you've done without it and are functioning on a need-to-know-basis type of lifestyle?

I didn't need the Bible until, I believe, God decided I had tolerated living with chronic intractable pain in my feet long enough. Did you ever consider how weird it seems that dumb and unexplainable things happen, which obviously have been supernaturally set up? All of this spiritual information looks foolish to the natural mind and far too often it doesn't make any sense, logical or otherwise. "*But the natural, nonspiritual man does not accept or welcome or admit into his heart the gifts and*

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*teachings and revelations of the Spirit of God, for they are folly (meaningless nonsense) to him; and he is incapable of knowing them [of progressively recognizing, understanding, and becoming better acquainted with them] because they are spiritually discerned and estimated and appreciated” (1 Corinthians 2:14).*

My research into the uniqueness of the Bible after I was healed began to reveal many important things to me. Please understand that the Bible is the proof for this evidence-based practice approach to healing and deliverance:

- 1) The Bible covers all aspects of human nature, including man’s sins and his rebellion.
- 2) The originality of the Bible is confirmed by the Dead Sea Scrolls.
- 3) The Bible was directed by the Holy Spirit to be written by forty God-inspired holy writers who were living in three continents over the course of 1,600 years. They transcribed His words into sixty-six books.
- 4) Skeptics claim that the writers of the Bible were just men, who wrote what they imagined, but actually they were all God-inspired. *“Every Scripture is God breathed (given by His inspiration) and profitable for instruction, for reproof and conviction of sin, for correction of error and discipline in obedience, [and] for training in righteousness (in holy living, in conformity to God’s will in thought, purpose, and action)” (2 Timothy 3:16).*

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- 5) The Old Testament and the New Testament are filled with the miracle-working power of God.
- 6) There is a major theme involving the sixty-six books of the Bible that creates an obvious unity.
- 7) There is an uncanny accuracy in the descriptions of the Scriptures with regard to historical events and geographical locations.
- 8) The biblical prophecies have never failed.
- 9) The Bible has survived for over 5,000 years, making it the best-selling book in the world.
- 10) The power of God's words in the Bible has changed countless lives, and it continues to do so.
- 11) The degree of victory you find in the Bible determines the degree of victory you will walk in.
- 12) Reading the Bible will bless you beyond your understanding.
- 13) The Bible is a book of deliverance, and the time will come when physicians will go into psychiatric asylums and other similar areas of confinement and help others be healed; and when you walk into a room, demons will be released and will come out of people.
- 14) The Bible is your navigational system for tomorrow because it is more accurate and up-to-date than your morning newspaper.
- 15) You can renew your mind by transforming it into the supernatural realm through your reading of the Bible.
- 16) B.I.B.L.E. could stand for the acronym, **B**asic **I**nstructions **B**efore **L**eaving **E**arth.

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- 17) This book will never ever, ever, ever pass away, for the Word of God lives forever.
- 18) The Bible says in Matthew 10:7-8 that the Word can heal the sick, cleanse the lepers, raise the dead, and cast out demons.
- 19) The Bible contains a wealth of scientific and medical knowledge.
- 20) The Bible is inspired, infallible, and accurate.
- 21) The Bible is the only way for you to know you're going to heaven.
- 22) The Word of the Bible is the only tool that really works all the time.
- 23) The greatest representation of truth is the Bible.
- 24) The Bible interprets itself; a question in one book is answered in another book.
- 25) The Bible is a book of divine revelation of what God has done, what He is doing, and what He will do.
- 26) All the Scriptures are the Word of God, and the Scriptures can never be broken.
- 27) The Bible is the source book for eternity.
- 28) Your Bible is the last will and testament of Jesus Christ.
- 29) The Bible is the revelation of Jesus Christ.
- 30) The Bible doesn't need protection; it's a lion, let it loose, and it will get into your Spirit.
- 31) Never be concerned about reading the Bible or sharing it with someone, because it is the greatest logical book that was ever written.
- 32) The Bible is still the greatest selling book, and most of it was written by Jews.

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- 33) The Bible really becomes God's power in you, for it is His road map for your life when you utilize it as such.
- 34) The Bible is the only book that will take you to heaven.
- 35) The miracles that happened in the Bible are still happening today.
- 36) The devil is a misquoter of the Bible and doesn't have revelation knowledge of the Bible in the same way you do.
- 37) A time will come in your Bible reading when you begin to go higher and higher spiritually, when the verses will start jumping off the pages, and everyone that comes in contact with you will begin to see and have Bible hope, faith, vision, and new life; in other words, they will come alive.
- 38) Biblical prayer involves talking to God, knowing that He hears whatever you ask according to His will.
- 39) There is healing in every book of the Bible.
- 40) The Bible doesn't contain God's Word; it *is* God's Word.
- 41) The Bible is the authoritative, indisputable statement of eternal truth to live by through real-life application.

## LOOK FOR JESUS

Studying the Bible enables you to embrace a real Person—Jesus Christ—who becomes your friend and daily companion. He is real, and He is alive.

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Read the entire Bible annually, especially the four gospels and the Book of Acts. I prefer the New Living Translation. If your patient tells you they don't understand the Bible, it is a sure sign they need to be born again.

The key in reading, however, is to look for Jesus. For without Him, the other stuff doesn't make any sense. You will be able to resolve your patient's deep problems, and you will find answers to your own challenges. It's like walking with Jesus.

There is one thing I can prove to you: complacency and lethargy are created without the gospel.

Doctor, did you ever wonder why you chose to go into the field of medicine as a career and what the circumstances were that may have brought it about? Many years before my final decision to become a doctor, while I was still growing up (although I'm still growing up, especially spiritually), I used to have recurrent uncomfortable dreams about going into medicine. I would watch the years of my life passing before my eyes. It was exactly like what occurred in the movie, "The Time Machine," as the lead actor went backward or forward in time through his machine.

I didn't want to forfeit a "normal" lifestyle by paying the price of intensive studies and giving up dedicated hours to become a doctor. I had mixed emotions about making that decision. What were your struggles and reactions?

## AN INTANGIBLE REWARD

There was one childhood experience that contributed

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to my final decision.

My mom called our family doctor when I was about seven years of age because I didn't feel well. Looking back, I suspect it was an URI (Upper Respiratory Infection).

He came to our home, and I know I started feeling better just as he placed his stethoscope on my chest. Of course, that intangible reward of helping humanity didn't make much sense to me at that time, for who can fully understand what it means and what it involves. Eventually I learned that medicine involves giving up everything. I was just so impressed with that particular doctor-patient medical consultation that I later interpreted it to be a godly intervention. I certainly was unable to appreciate any depth of insight into it at that time, except that I experienced a sense of peace in the doctor's presence.

### “TAKE MY LIFE!”

In a way this reminds me of that old Jack Benny scene when he was confronted by a robber who held him up and said, “Your money or your life.” Jack didn't answer.

The masked man became impatient with him and asked him again, only louder, to which Jack responded, “I'm thinking, I'm thinking.”

Red Buttons was asked a similar question during a robbery: “Your money or your life.”

He said, “Take my life, I'm saving my money for my old age!”

My point here is that I thought if I chose medicine as



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a profession I would have to give up my life of freedom in order to be able to bless others. All of this was in contrast with my do-whatever-you-want-to-do lifestyle.

Would there be any free time after emerging from medical school, or would it completely disappear and even grow worse during the practice of medicine? Could a life-style of balance be achieved when I fulfilled my dream to become a doctor?

These were the clear thoughts from a person like myself who didn't comprehend that this was a God thing, not a Phillip thing. I didn't know that God rewards these endless efforts of years through this powerful encompassing Scripture from Job 36:11: *"If they obey and serve Him, they shall spend their days in prosperity and their years in pleasantness and joy."*

Remember, all you went through in applying and filling out medical school applications? Did you experience apprehension and fear of possible rejection? Did you ever consider that God may have been involved in your desire to go to medical school, and that He helped you get admitted and become a doctor?

## ABSORBING MEDICAL KNOWLEDGE

I placed an enormous weight of dependence on my college physics professor's writing ability; he sent over a dozen letters of recommendations to various medical schools at my request. One day after class, he stopped me and explained that he had written so many letters that he was actually starting to believe what he wrote!

I was absolutely blessed for my preparation to enter college by attending an all boys' high school, which was

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a blessing and it turned out to be a God thing. Out of 125 pre-med students in the program, after four years, seven of us completed the B.S. biology/chemistry program, but only five of us were accepted into medical school.

The challenges in medical school continued to reach new levels of growth on a daily basis. Sometimes I would become concerned about my ability to memorize and question what the true storage capacity of the brain was. I wondered how your brain notifies you when you run out of space. How about the uphill battle to absorb all that medical knowledge and then be able to turn it into practical application for patient care? How reliable would your brain be to still function after all that abuse from studying and taking so many oral and written examinations?

I lost control of my time restrictions so that eating and sleeping suddenly became luxuries and many times these activities were replaced with studying. I questioned how I could maintain the increasing intellectual requirements of studying an average of six hours a night. I also experienced the financial challenges and pressures like many of you from my parents even though \$1,000 a year today doesn't seem like an enormous amount of money. My parents sacrificed, but God obviously helped.

## THE PERFECT RESIDENT?

My impression of residency training was that it was a more sophisticated and concentrated extension of medical school with critically dangerous periods entirely controlled by a chief who replaced my parents for a four-year period of time. It was the kind of education you

could only receive under supervision. I decided that his only objective was to remake us into the perfect resident; this would enable us to become perfect specialists in the field of neurosurgery.

I accepted one of the roles that involved much activity as an “MD-GOPHER” that would later enable me to become successful in solo practice. My main and only goal during most of my residency was to get enough sleep so I wouldn’t die, especially during my last year of training.

Henry A. Shenkin was a dedicated and prominent neurosurgeon who accomplished worldwide fame for his work in herniated discs, angiography, Parkinson’s disease, metabolism of neurosurgical disease, and intracranial pressure. He published over 150 professional articles and five books. He also studied philosophy at Cambridge University. His leadership enabled his residents, who loved him, to achieve similar achievements because of the knowledge, surgical skills, wisdom, boldness, and confidence he passed on to them. In a very real sense, this book is a tribute to him.

## A LIFE WITH PURPOSE

May I suggest, dear doctor friends, it was no coincidence that your decision in life was to become the medical doctor you are today. A normal reaction was to think that you were lucky to get into medical school. Believe me, God was your luck. Indeed, I believe our dreams are really God’s desire for us. We were able to achieve our goals because our destiny originated in the

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supernatural realm and was carried out through the Holy Spirit.

So many people, as you well know, seem to be satisfied just to exist. The life of such a person doesn't have a purpose, and life without a purpose is just an experiment. It is also tedious and boring.

Do you remember occasions when you spoke powerful words of wisdom at a medical meeting, in a seminar, or even in private conversations with a colleague or a patient, and you wondered, "Where did that come from?"

It did not come from you, but from the Holy Spirit who lives within you. You received wisdom and insight from the Word of God rather than man. I don't believe that anything we say is accidental. You experience similar situations with your writing skills, knowing that you were surprised about your impressive talent. Listen to what Jesus is telling you. *"You have not chosen Me, but I have chosen you and I have appointed you [I have planted you], that you might go and bear fruit and keep on bearing, and that your fruit may be lasting [that it may remain, abide], so that whatever you ask the Father in My Name [as presenting all that I AM], He may give it to you"* (John 15:16).

## NO EXPIRATION DATES

Medical research has revealed that such fruit (the fruit of your lips) doesn't come from your brain, so it has to come from your spirit. The Lord will tell you what to say because He is in you and, after all, He created you.

In your practice, private or otherwise, you had to face

up to the limitations of available knowledge about patient care because once a diagnosis was established, quite too often, only limited treatment would be available. This included chronic conditions and, sometimes, even acute cases, and worst of all, terminal diagnoses. There was no hope for the majority of those with tragic circumstances, but just temporary or palliative treatment. Healing or cure was not a term I ever used in my practice, and I never thought of giving any of my patients expiration dates on their lives.

## SYMPTOMS AND SIGNS

The results from applying the spiritual treatment you will be learning about with cancer, for example, is completely different than its medical applications. The reason is that the big “C” in Christ with His anointing is much more powerful and curative than the little “c” used to spell the word “cancer,” because of the nothing-is-impossible promises of God. The truth is that Jesus can heal medical letters such as COPD, IBS, CAD, MI, ADD, ADHD, AIDS, etc.

There have been great challenges for those many cases in which we have to deal with symptomatic patients without recognizable diagnoses. Even after they are referred to the large centers, they often have to make up the ideal, most suitable, and closest medical terminology to fit the patient’s combination of symptoms and signs. Such terms are usually not listed or acknowledged in medical textbooks.

As I progressed in my spiritual studies, I came to

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appreciate that demonic or evil spirits were quite often responsible for these existing, so-called undiagnosable conditions. Incidentally, the Egyptians were not too far from the truth with their beliefs that illness was often caused by an angry god or an evil spirit. Evil is not *something*, but *someone*.

Albert Einstein had a more inclusive definition of evil. He said that it's not simply the absence of God, but it's what happens when man doesn't have God's love present in his heart. It's identical to the cold that comes when there is no heat or the darkness that comes when there is no light.

### ALWAYS CONSIDER THE OBVIOUS

I had a chuckle when I heard about a young man who went to a medical office for help and the doctor asked, "What's wrong?"

"Doc, I have pain in every part of my body. Every place I touch hurts me."

The doctor said, "Show me what you mean."

The patient touched his forehead and jumped with pain. He touched his chest, and the doctor could see from his facial grimaces and body movements that he was in pain. He pressed on his abdomen, and he reacted from the pain. He touched his legs, and he yelled from the hurt.

The doctor said, "I know what's wrong with you."

"What's wrong, doc?"

"You fractured your finger!"

## YOU ARE THREE DIMENSIONAL

Here is a simple explanation of your being, so you'll be able to explain it to your patients. You will experience the blessing when your patients receive understanding from your teaching.

This aspect of this handbook is vital, for you are an evangelist who is doing what God wants you to do. This concept of a human being operating in the righteousness of God starts with the spirit, then the soul, and finally the body. This is the only way it works.

Just as Adam had three parts, you have a spirit, a soul, and a body, which is the "house" you live in. However, when you speak about your flesh, you are referring to the combination of both your soul and your body.

It is essential to understand that you have a human spirit living within you that is basically inert and without power until it is activated.

When you were born again, your human spirit was saved and became "alive," because you accepted Jesus into your heart. You can let your patients know that the Bible states that you have to be born again in order to see the Kingdom of God: "*Jesus answered him, I assure you, most solemnly I tell you, that unless a person is born again (anew, from above), he cannot ever see (know, be acquainted with, and experience) the kingdom of God*" (John 3:3).

The Holy Spirit now joins with your spirit and moves inside you with your human spirit, so they both dwell together in your innermost being. As a result, you gain

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all of His blessings and all of His healing and deliverance power.

## A PENETRATING SEARCHLIGHT

Proverbs 20:27 is a wonderful Scripture to explain the Holy Spirit's functioning within you. You could say that His searchlight penetrates your human spirit to reveal every hidden motive: "*The spirit of man [that factor in human personality which proceeds immediately from God] is the lamp of the Lord, searching all his innermost parts.*"

You are really a spiritual being that is living in a temporary physical body. This means you should refer to yourself as a spiritual being rather than as a human being. That's why God placed eternity within you.

You know that your spirit man was made in the image of God. Your spirit is in Christ. It is of God, and it only knows that it is well and has no sickness or disease. It only knows the things of God. You should know that the spirit within you oversees your flesh.

Your soul is your inner man, and it is saved when it is born again. Christ paid the price for your soul on the cross. Your soul consists of your emotions, your senses, and your mind, which is your intellect. Your emotions also include your thoughts, your perceptions, your feelings, and even your attitudes. Another way to say this is, "The soul is what I think, what I feel, and what I want." The soul needs to get satisfaction.

The essence of your soul is your will. Thank God, it's not a robot, for it is given to us with the liberties that come from freedom of choice. Inform your patients that



one of their challenges is that their flesh is always at war with the Holy Spirit. Consequently, every decision your soul makes is carried out through its will, but it is always influenced by God or by the devil. A major reason why this enmity exists is that Satan has an enormous influence in that he has access to your soul dimension, because he is a spirit as well. This issue of who is in control is what this fight is all about.

Your heart plays a major role here since it is considered to be the center of the soul. Your spiritual heart is your soul. It's also the center of physical, moral, and spiritual functions. It operates between your spirit and body and can change according to your belief levels and your needs.

## OBEDIENCE AND DISCIPLINE

When you are tempted and entertain sinful thoughts in your mind, you allow the devil to develop strategies in his attempt to take control of your flesh. You see, your thought is the father of the deed. The devil can deceive you simply by convincing you to listen to him. When you consider these incoming thoughts and temptations, they can be turned into serious beliefs and become real to you. Then you begin to entertain them and act them out.

You don't want to choose toxic or negative thoughts, because they will take you captive. The devil can actually take your thoughts and steal the Word from you.

You need to develop obedience and discipline, that you are only influenced by the Lord, your God.

One way you can reduce the challenges is by starving your flesh and feeding your spirit. The way to do this is

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with the Word. Let me explain about the flesh through the following example. In the case of a drug addict or an alcoholic, the flesh is the part that is desiring the given habit. The affliction is coming from the flesh. However, the flesh can't have its way until the soul gives it the okay. It needs the permission of the soul. So the soul is really in the driver's seat when it comes to matters related to the flesh.

## THE SOUL DIMENSION

You understand that the flesh is just acting like a vehicle. Driving your car without holding the steering wheel simply doesn't work. You have to control the steering wheel. This is comparable to the operation of the soul of a person. When a person is born again, the devil wants to control his or her soul dimension. This requires that the mind or soul of the person be renewed again.

Suppose in the addicted person that the flesh decides it wants to quit. That desire can't be carried out until the flesh gets the okay from the soul. The truth is that in order to survive, we need to renew our soul. The soul is in charge of the physical being. Again, this is why the Bible says that the soul of man has to be renewed.

Paul attempted to solve this problem by expressing the need to crucify his flesh on a daily basis. Of course, when you go to heaven, the body dies and returns to the dust in the ground, but this doesn't apply to your soul or spirit.

Let me share an example about the power of the will. From a spiritual or supernatural point of view, this is an activity that could well be described as temporary

insanity with unprovoked murder, which is really under your control. People have the power to listen or not to listen. God doesn't tell them to do these horrible crimes.

Here's the illustration: I'm referring to a professional man who gets dressed in his business attire and drives to work in heavy traffic. When he arrives at his office, he sits down at his desk and performs two hours of complicated computer activity in a competent fashion, not requiring anyone's help. Then he gets up and navigates into the boss's office and shoots him. He turns around, then heads back to his computer to do more work before leaving for the day. He drives home without any difficulty. This is what is labeled as temporary insanity, which doesn't make sense to me.

## RENEWING YOUR MIND

Neither God nor the devil can take your will from you; God won't override your mind nor does the devil have that kind of power. Think about this when you read these types of stories in the newspapers, or watch the news on television, or even encounter them in the law journals.

The soul is not reliable or dependable because it makes decisions based on unpredictable and unstable emotions and senses. Both your spirit and your soul are dissimilar entities with different substances, yet each of their parts are interconnected and inseparable.

To better understand the flesh's participation in healing, you must:

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- 1) First, approach the spiritual aspect of the sickness or disease by casting out or binding the spirit of infirmity and sending it to dry places.
- 2) Then lay hands on the person to minister healing to him or her.
- 3) Finally, renew the mind of the soul, so your patient can learn how to maintain his or her healing.

To renew means to change and improve the thinking of the mind of your patient through the Word. The Bible says that what you think matters. The best example of this is seen when Peter wanted to walk on the water while he was watching Jesus do it.

When Jesus said, "Come," the power in that word was a word of "healing" and was enough to enable Peter to stand up and walk on water.

But the distractions that occurred around Peter were enough to cause him to lose his healing. Jesus was quick to catch him, as he was about to fall into the water. It was at this point that his mind needed to be renewed. Had it been renewed and maintained with the Word of God, this would never have happened.

## THE TRANSFORMATION

When you get your thinking lined up with what the Word of God says, you will be amazed at the difference. Remember, healing starts on the inside of you. Of course, your soul needs to be open and willing to accept this. Romans 12:2 says that when you renew your mind, you begin to think what God thinks. *"Do not be conformed to this world (this age), [fashioned after and adapted to its*

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*external, superficial customs], but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude], so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, even the thing which is good and acceptable and perfect [in His sight for you].”*

You need to be very careful and practice what you say with your tongue, for your tongue has such strength that it can discipline you though life. The only way to overcome this demonic power is to become totally absorbed in the study of the Word and open your heart to the Holy Spirit. You have to believe by the unction of the Holy Spirit that when you're walking in the Spirit, that none of the goings-on of the world will bother you, for you are keeping in step with Him. When you start to live in the Spirit, you will receive godly protection and will stop pursuing the lust of the flesh.

*“Little children, you are of God [you belong to Him] and have [already defeated and overcome them [the agents of the antichrist], because He who lives in you is greater (mightier) than he who is in the world” (1 John 4:4).*

## LET GOD SPEAK TO YOUR SPIRIT

As you become more involved in your healing ministry, you will sense a power working within you that you will be aware of twenty-four hours a day, just like a generator. As you continue to be filled with the fullness of God, your inner man will continue to be strengthened. This means that the greater the power is within you, the

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greater the power is on your outside. God speaks to your spirit—your inner man—not to your mind.

Incidentally, none of this just came into you in a piecemeal way, but, rather, all at once when you were born again, including your time in the womb. Your biblical heart is the inner-spirit man, as expressed in Romans 7:22: “*For I endorse and delight in the Law of God in my inmost self [with my new nature].*”

## THE COMING ANOINTING

I believe we stand on the verge of the greatest healing movement in the history of the Church? I’m not just talking about any church, but a church that is a true hospital for the sick and the wounded and puts healing into practice. Healing will become so common in such a church, that it will be considered as an every-day event, including creative miracles, with new eyes, arms, legs, and the resurrection power we read about in the New Testament, raising the dead to life.

You might not be surprised when you review the research and polling as to what things influence Americans most, but you will be surprised to find the church isn’t even on the list. Please note, however, that there is no doubt that God is in the process of changing this picture.

Here is a list of the major influences in the lives of Americans: 1) Movies, 2) Music, 3) Television, 4) Books, 5) Internet, 6) Law, 7) Family. A second tier includes: school, peers, newspaper, radio, and business.

As a consequence of God’s current activities, you can

look forward to a powerful anointing of healing with mighty miracles, signs, and wonders that will move upon the face of the earth. God has released His powerful anointing upon the entire body of believers. The anointing is there to empower the Church—and remember, you are the Church.

### THE GREAT OMISSION?

I heard a testimony of a woman with Chronic Obstructive Pulmonary Disease (COPD) who came home from a church that was studying the Great Commission, and just as she walked into her house, she was instantly healed.

One pastor told me that before he started to believe that healing is for today, he jokingly used to refer to his erroneous belief as “the great omission.” That was a very accurate term, to be sure.

The last words Jesus spoke before He ascended into heaven from what the Bible calls “The Great Commission.” *“And He said to them, Go into all the world and preach and publish openly the good news (the Gospel) to every creature [of the whole human race]. He who believes [who adheres to and trusts in and relies on the Gospel and Him Whom it sets forth] and is baptized will be saved [from the penalty of eternal death]; but he who does not believe [who does not adhere to and trust in and rely on the Gospel and Him Whom it sets forth] will be condemned. And these attesting signs will accompany those who believe: in My name they will drive out demons; they will speak in new languages; They will pick up serpents; and [even] if they drink*

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*anything deadly, it will not hurt them; they will lay their hands on the sick, and they will get well” (Mark 16:15-18).*

Since you have been bombarded by Mark 16:18 intentionally, this is an ideal time to point out that to fulfill and complete the Great Commission and keep the devil under control, you have to:

- 1) Preach the Gospel.
- 2) Cast out demons.
- 3) Speak with new tongues.
- 4) Heal the sick.

My definition of a doctor who is suited for this healing and deliverance program is “a military Christian”—one whose worth is to be judged by his or her intolerance of sickness and disease.

Our attitude toward sickness and disease needs to be the same as our attitude toward sin.

## ADD GOD’S WORDS TO YOUR VOCABULARY

Healing continues to increase throughout the world with non-medical people simply laying their hands on the sick and witnessing supernatural healing. Unfortunately, this is something that many physicians never get to observe or experience. How interesting to note that these so called “laypeople” can witness healing without any extensive education or without ever stepping inside a medical school classroom.



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There is a perspective that states, “If you want to see what you look like, don’t look in the mirror; but rather at whom you hang around with.”

This is a trainable art that requires no degrees, and it has already been proven to be effective in many cases as a result of people from just watching healing-school tapes or DVDs.

Trust me, there are many of you doctors who are quite familiar and well versed in the spiritual information within this handbook; therefore, you are probably considered to be true biblical scholars. There are many awesome Christian physicians who are using their godly skills and also believing and practicing the truth of Mark 16:18: “*They will touch the sick, and the sick will be healed.*” (New Century Version).

You already understand the language of medicine, so just by adding God’s powerful words that He uses in the Bible to your vocabulary, you can obtain similar results of success.

There is no doubt that you will be able to see the described and inspired Bible healings happening today right before your eyes, even within your office. You have already been practicing godly medicine since you first started treating patients, but now you will be able to incorporate the spiritual application of your efficiency and proficiency as a skilled medical doctor. You are on the verge of witnessing these blessings in the lives of your patients.



## TEN

# WHAT'S WRONG WITH THE WAY I TALK TO MY PATIENTS?

**W**hen you grasp the absolutely amazing power of the words you could have been using during most of your existence, and then realize, if only you had known how much more you could have flourished in your life, you will be totally flabbergasted.

Not to be overly dramatic, although it sounds like it's too late for that, the full impact of the authority and dominion of the words you speak from your tongue can still change your lifestyle, as well as that of your patients who are threatened with sickness and disease. Speech is one of your greatest gifts from God, but it can become dangerous because it can determine your destiny, depending on how you use it and control it.

What you speak from the time you get up in the morning until you go to bed at night not only influences

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your day, it influences the entire outlook and direction of your life.

You probably never appreciated the full impact of your words, because no one ever told you, or instructed you, or taught you, or explained it to you, or showed you out how to apply it so you could be blessed. You see, how you run your life depends on how you run your mouth. Speech is a contribution from God, and so are the words that flow from your tongue and your mouth on a daily basis.

No one ever advised or instructed me with regard to this important topic in all my extensive years of education, and that would probably include yours, as well. The biblical truth is that what you confess with your mouth is what you will possess in your life. That is, what you say is what you get, because confession brings possession.

## IT'S UP TO YOU

Your confessions can rule you for good or for bad. It's up to you, for it's ultimately your decision. In truth, your words actually create the atmosphere in which you live. As priceless as the understanding of this life-guiding principle is, I never received the full impact of knowing how it really affected my existence in my daily activities and how it will affect my future.

This lack of knowledge is really responsible for many of the unwanted events that have taken place during your lifetime, even those you would have preferred to delete. I'm referring to those situations that seemed impossible to control—situations that you still had to confront.

Then I thought about how many benefits I was unable to accomplish, things that were even lost in those facets of my life that would have made such a great difference.

## THE BREATH OF GOD

Isaiah 55:11 reveals the remarkable ability of the power of the Word. It is like an accomplished artist because he is able to carry out and perform the most intricate and complex assignments successfully. This happens because God will not allow His Word to return to Him void. Here is that revealing insight: *“So shall My word be that goes forth out of My mouth: it shall not return to Me void [without producing any effect, useless], but it shall accomplish that which I please and purpose, and it shall prosper in the thing for which I sent it.”*

Please note that it's God's Spirit and the Word from His mouth that will not return to Him void. It all depends on whose mouth speaks the Word. You have the full power of the Word, because you're God's property, and He puts His sword in your mouth through His Word.

The Word that comes forth out of God's mouth includes His breath, as well, because there can be no speech without breath. Did you know that His breath is His Spirit? His breath and His Spirit live together, and they impart life.

One of the ways you can train yourself to be more careful in learning to speak positive words is to talk as if you are enclosed within a sterile environment. As long as your word is optimistic, helpful, encouraging, constructive, and affirmative, you won't contaminate yourself or

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anyone else. Otherwise, you will have to picture the necessity of having to replace your tongue and your mouth for sterile ones, or just placing it in the autoclave to the appropriate temperature and pressure.

You can do that merely by asking God to replace your tongue with a tongue that fits your new criterion—one with the power and the ability to edit your words before they flow forth from your mouth.

## WORDS HAVE LIFE

Did you ever consider what *color* your words are? Now, that's a dumb question, because you can't see your words in the natural, but you can certainly hear them and watch what happens to them as the result of what you are saying! With negative confessions of speech, you first have to deal with God, because He won't override your words. After all, He can't and won't change your free will. Second, in the spiritual realm, you open the door to demonic spirits, because when you speak inappropriate words, that amounts to saying negative confessions.

One way I've adopted to handle the need to change is when I say unsuitable words or speak a negative confession inadvertently is to immediately respond with, "CANCEL, CANCEL." Then, I go about my business as though nothing inappropriate was ever said.

Your negative words arouse evil spirits and trigger them to enter quickly into your atmosphere. They accomplish their goal simply by activating their word-assignment from you through your tongue and mouth, for they can turn your negative words into reality. That is, what you speak can actually become alive. In a way, it's

not much different from motivating the evil spirits as a result of your inappropriate words.

A negative confession usually doesn't occur immediately, but it may do so. It could require multiple repetitions of the same word pattern or phrase, as you speak it again and again until you speak it into existence. You'll know when it gets activated, because you will experience it.

### SELF-FULFILLING PROPHECIES

The authority and dominion you have over the words you speak have been well established, confirmed, and demonstrated from the Scriptures. Your everyday speech, with its tremendous influence from using appropriately chosen words, can determine if you'll make your way prosperous and if you'll have good success. Simply stated, bad confessions are terrible things. They are really like word curses, and if they are repeated often enough, they will manifest themselves as self-fulfilling prophecies.

So pray for the positive and speak it instead of the negative. You can actually speak self-fulfilling prophecies just by speaking what you want into existence, thanks to the presence of the angelic hosts. The angels will respond to the positive words coming out of your tongue and mouth just like the evil spirits respond to your negative words.

In a famous major league Brooklyn Dodger game, the catcher told Carl Erskine, "Whatever you do, don't throw it high and inside on this batter."

Well, all the pitcher could remember was to throw it

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high and inside and it lost the game.

The devil's goal is, of course, to steal, kill, and destroy. The reason people continue to ignore the poor responses to their words is that Satan wants to convince you that your words have no substance or power. When you verbalize by using positive words, if you're not careful, the demons will find clever ways to steal them from you and your patients' healing as well. This means you have to be so careful with your self-talk, even when there's no one around.

## DEFEATING WORDS OF FEAR

Let me tell you about the supremacy of word control in the case of David vs. Goliath. When you listen to the power of the words spoken by Goliath, the champion warrior of the Philistine nation against the armies of Israel, you immediately understand how his words were able to create an overwhelming fear among the people.

This was the devil speaking through this intimidating giant. What he said caused the people to panic, as terror opened up the doors to their thought-life and gained entrance into their hearts. The words actually did more damage than his appearance, as frightening as that was.

The words you allow into your life can affect you beyond your understanding. However, you do have the control to prevent this from happening to you. One way is to pray by covering your eye-gate and your ear-gate with the blood of Jesus.

David had no reason to react to these horrific and ugly words from the giant since he recognized the voice of the enemy and possessed the confidence and violent



faith that were given to him from his God.

Allow me to repeat: whatever happens to you is a product of whatever you've been saying. In order to change what you have, you must change what's coming out of your mouth. So, learn to control your tongue. To direct your life in a different direction—from death to life, sickness to health, poverty to wealth, failure to success—you must take charge of your words.

We have been programmed to believe, for example, that we only use six percent of our brain-power. However, as you well know by now, what you say is what you get. So, just start confessing that you are using 100 percent of your brain capacity.

Contrast the success of positive-speaking people and their optimistic affirmations with the negative-speaking people and their pessimistic attitudes. Your ability to function in this world depends on the words you use in every one of your conversations. This certainly fulfills the realization that what you say you want is far more important than calling things the way they are.

### “ATTEND TO MY WORDS”

People have been erroneously programmed to talk about things the way they are, and this applies to everything. You hear them say certain things, not understanding that they are speaking with false confidence, “I call it the way I see it!”

Jesus wants you to say what you want and not to speak what you have (see Romans 4:17.).

Come to think about it, you could say there is something good about a pessimist. For example, always

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borrow money from a pessimist, because he or she never expects to get it back.

Instead of taking medicine, God would like you to consider taking His Word, so you can totally avoid the need to allow any healing issues to arise. Since God is the Healer, by opening His medicine chest you will find the Word that will supply you with whatever healing you require and provide you with total health to all your flesh.

Proverbs 4:20-22 captures the words about this divine medicine: *“My son, attend to my words; consent and submit to my sayings. Let them not depart from your sight; keep them in the center of your heart. For they are life to those who find them, healing and health to all their flesh.”*

And like all prescriptions, the “medicine” must be taken according to the directions God gives, which are summarized as follows:

- 1) Attend to God’s Word.
- 2) Bow your ear and your head so you can hear His sayings.
- 3) Keep them continually before your eyes so they don’t depart.
- 4) Let them settle down and reside in the midst of your heart.

## DON’T CLAIM THE NEGATIVE

During my neurosurgical practice, I scheduled a posterior fossa procedure that required the prone position and requested the general surgeon to establish a venous

line prophylactically in case of possible air embolism. Preoperatively, as we were preparing, I wasn't impressed when the general surgeon informed me, "I always seem to have trouble getting in."

I spoke my first thought under my breath, "I wonder why he schedules it?"

You can appreciate the power of his word and how it could very well impact this operative procedure. Don't misunderstand what I am saying here. Yes, it can be difficult at times to get into the vein, but speak what you want, so you have it. This happens like a self-fulfilling prophecy.

Don't claim the negative and speak what you don't want to happen. The proper terminology you could use is, "This is going to be easy...I always get into the vein...watch how smoothly this goes and flows, etc."

Did you realize that Jesus Christ and the Word are the same? God has already emphasized the power of the tongue in more than 100 Scriptures: "*He is dressed in a robe dyed by dipping in blood, and the title by which He is called is The Word of God*" (Revelaton 19:13).

## ANYTHING CAN HAPPEN IN THE SUPERNATURAL

Pardon my humor, but three women die in a car crash. St. Peter not only lets them see and hear the activities at their funerals, but also grants them the privilege to have the people attending the funerals say what each of the dead woman would like to hear.

The dead teacher wants to hear that she was the best

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teacher her students ever had and that they learned continuously and that her training helped them achieve their goals in life.

The realtor wants to hear from the mourners that she was the best salesperson the company ever had, and that she not only sold more homes than anyone else, but the people realized that they received wonderful blessings from living in the new quarters she sold to them.

Then St. Peter asked the medical student what she would like to hear the mourners say. She responded, "I would like to hear them say, 'Look, she's moving!'"

## "TONGUE POWER"

As you grow into a deeper insight and knowledge of the power of your words, you will begin to experience a flow of the supernatural that you could call absolute truth. Over a period of time, you will realize that the Word of God you read will become the word of God you live.

Through your faith, your tongue can be trained so that you can speak forth miracles and then witness them come to pass. This is partly the result of the unity between you and the supernatural power of the angels that back you up, as you exercise the power of your words. I call this "tongue power."

If you would research the word "absolute" in Webster's Dictionary, you would find that it means, "free from restrictions, limitations, or exceptions." Clearly, absolute power is absolute freedom.

## FAITH-BASED SCIENCE

You will marvel at the anointed power you have received just from reading thus far. It comes from Jesus who immediately shows up whenever the Scriptures are read. You are being prepared to be a witness to signs, wonders, and miracles you will use for your patients. They really come from within you. The truth is that God has anointed you doctors.

There are a multitude of amazing examples of how the power of our words continues to change what is happening in our environment. This could be called faith-based science, and it would involve terms such as “quantum mechanics,” “quantum physics,” and the “quantum string theory.” This is a science that confronts traditional natural scientists, because it doesn’t follow the rules of nature. It’s not fully observable or even measurable.

This doesn’t mean that it can not coexist with us, however. Advocates of the string theory maintain that there are ten dimensions:

- 1) The spoken Word (see Genesis 1:3).
- 2) The Spirit of the Lord (see Isaiah 11:2).
- 3) The Spirit of Wisdom and Understanding (see Isaiah 11:2).
- 4) The Spirit of Counsel and Might (See Isaiah 11:2).
- 5) The Spirit of Knowledge and the Fear of the Lord (see Isaiah 11:3).
- 6) Faith (see Deuteronomy 32:20).
- 7) Time (see Genesis 1:5).

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- 8) Height.
- 9) Width.
- 10) Depth.

These dimensions have particles that are really vibrating waves, each with its own vibrations. The waves are called “strings.” In this string theory, a particle of gravity, or a graviton string, will vibrate differently than a proton string, which is a subatomic particle.

This theory has forced scientists to operate on faith, which in itself is an awesome paradox. Faith is really the fifth dimension of God, which Jesus always operated and walked in.

## FREE WILL IN PHYSICS?

The applications of quantum theory have increased the possibilities that are considered to be unfathomable in scientific discovery. The following examples support this faith-based science belief.

When you evaluate Einstein’s math, you will find it was working well and that he was correct. Quantum physics is just the physics of the incredibly small, for it tries to explain the behavior of electrons, protons, and neutrons. Scientists have found that protons and neutrons are each made of three quarks, each with its own “flavor” and colors. The gluons are even smaller particles, which, when collected together, form glueballs. Scientists have even been able to describe the small particles which make up these larger particles!

The smallest parts of the universe seem to be acting with their own free will rather than according to physical

laws. Electrons are supposed to appear in particle form, but they don't.

Contrary to what you were taught in high school, electrons don't orbit like planets, but they form blurred clouds of probabilities around the nucleus. They have been identified as existing as dots or in a wave state, like a cloud. Further, these particles go against physical laws in that they move in a straight line, or in a zig-zag pattern, or as an arc, or they even exist as two particles occupying the same space.

Not only could the behavior of these particles not be measured or explained for behaving like this, but these activities would occur when the scientists weren't even looking!

### “THE EVIDENCE OF THINGS UNSEEN”

The difficulty in studying quantum physics is that the particles behave differently for each observer. The research about this confirms that these elements are obviously responding to the observer. Does this mean they behave according to what the scientist *believes*?

The exact position and velocity of an electron is very difficult to detect because attempts to “see” it involve a bouncing of other particles off of it. This changes the electron's velocity, so it becomes useless. Quantum physics gives us the statistical probability of the electron's location at any one moment. The way these particles act allows the scientists to develop a better understanding of the matter which makes up the universe, and the way it behaves or misbehaves.

The irony that is involved with this is that the Bible

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states that faith is the evidence of things unseen (see Hebrews 11:1).

Since science is based on observable and measurable facts, scientists have to rely on faith in order to make sense of the universe, and they apply the incredible developments with quantum physics to help them explain this phenomenon. Much to their amazement, they even found that the smallest particles were operating in ten dimensions rather than the traditional four.

I am reporting these truths to you so you can find reinforcement and confirmation regarding the overwhelming power of your words. It is also applicable in nature as well.

## AMAZING DISCOVERIES

The phenomenon of crystal formation as the result of freezing water molecules became famous worldwide through the research of Dr. Masaru Emoto, a Japanese scientist. He graduated from the Yokohama Municipal University and the Open International University as a Doctor of Alternative Medicine.

When his first book, *The Hidden Message in Water*, was first published in 1999, it sold close to half a million copies internationally. According to the authors, his second book, *Messages From Water*, “Had the potential to profoundly change a person’s view of the world.” He discovered that these crystals of water are affected by our thoughts, words, and even by music.

A crystal is a solid substance with orderly configured atoms and molecules. Like human faces, there are no two crystals that have exactly the same appearance. When a



water molecule crystallizes, pure water becomes a pure crystal.

In his water-crystal technology, Dr. Emoto examined water in terms of its biophysical properties. He offered proof that water not only lives, but also has the ability to absorb feelings and information. When he froze water and looked at the crystals, each one looked totally unique. It's really true that the faces of all the snowflakes that have fallen on the earth for millions of years have *all* been different.

He learned how to take pictures with the optical microscope of 500 power, using high-speed photography. What he found was that the photos of crystals formed in frozen water revealed changes in the same body of water when specific, concentrated thoughts were directed toward them. He used a big freezer to solidify the water in a room at minus five degrees Celsius. He used these scientific points of view to explain the unimaginable healing power of sacred springs, such as the one at Lourdes.

### “LET’S DO IT”

According to this research, music, especially classical music, resulted in well-formed crystals, while heavy-metal music resulted in fragmented and malformed crystals. Water that is exposed to positive expressions such as, “Let’s do it,” and “Thank you,” created well-formed, attractive and beautiful hexagonal crystals. On the other hand, a negative expression such as, “Fool” was like exposing the water to heavy metal music, and, as a result, it became malformed and fragmented.

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He also demonstrated the phenomenon of how crystal formation is affected by visual images. Further, he discovered that crystal formations are affected as well by words that are written on paper and shown on the water. The written words themselves actually emit a unique vibration that the water was capable of sensing.

After many experiments with crystal formation, Dr. Emoto concluded that the vibration of good works has a positive effect on our world.

The science of quantum mechanics acknowledges that substance is nothing more than vibrations. The number and shape of the electrons that were made of these vibrations and their orbits give each substance a particular set of vibrational frequencies.

## THE CAPACITY TO RESONATE

Everything is eternally moving and vibrating intermittently with an incredible speed. Since everything is in a state of vibration, this means that everything is creating sound. It was determined that human beings vibrate 570 trillion times a second, which absolutely boggles the imagination and indicates an incredible and wonderful hidden potential.

As the result of our unique frequencies, we should have the sensory skills to even feel the vibrations of others. This could mean that we can sense and experience the great sadness or joy that another is expressing.

Resonance is created when one side creates a frequency, and the other side responds with the same sound. Humans have the capacity to resonate with each

other and also with all creatures and objects found in nature. This is so important.

## THE IMPACT OF OUR THOUGHTS

The implications of this research create a new awareness of how we can positively impact the earth and our personal health. It has been pointed out that water not only covers the largest portion of our planet (71%), but it comprises the largest percentage of our physical bodies as well (anywhere from 55% to 78%, depending on our body size).

It has been speculated that the impact of our thoughts and feelings plays a large part in the way our environments are created. Dr. Emoto believed that taking advantage of this information would allow us to claim our health and even our peace on a global basis.

Along with the response of water crystals to sound and the written word, I turn your attention to the belief that talking to plants helps them grow. This was first introduced in 1848 by a German professor. From the scientific aspect, plants need carbon dioxide to grow, so when you talk to a plant, you breathe on it, giving it an extra infusion of CO<sup>2</sup>. However, to expect any real effects based on breathing on plants, it would be necessary to speak to them several hours a day, in close quarters.

Did you know that Luther Burbank, the renowned botanist and inventor of the Idaho potato, believed that plants were capable of telepathically understanding the meaning of speech?

Further, a New York dentist in 1970 released a

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program entitled, “Music to Grow Plants By.” Studies confirmed that classical or soothing music would benefit plants, but loud, aggressive music would have the opposite effect.

## THE MOZART EFFECT

Let’s discuss the Mozart Effect that is utilized to give peace to fetuses growing in the mother’s womb by using a device equipped with speakers that are wrapped around the mother’s abdomen. This music therapy was designed to help babies adapt to life after birth. Researchers from the University of California in 1992 discovered that college students performed better in math testing while Mozart’s music was played.

Doctors Shaw and Rauscher’s research into “The Mozart Effect,” a term coined by the media, suggests a strong connection between intelligence and exposure to music. The music causes neurons to be stimulated in the brain which in turn causes them to be discharged or fired. Thus, this links them up to other neurons which form temporary connections or synapses. The more synapses created and the more precise the firings, the better the chance a baby has of performing well intellectually.

Studies have shown that playing most forms of classical music can create a more positive environment which can explain why such peace can be discerned in babies exposed to similar music.

A pioneering psychiatrist, Dr. Thomas Verny, has been involved with two decades of medical research on the unborn baby. He has lectured extensively especially in North America and Europe. As reported in his book,

*The Secret Life of the Unborn Child*, He found that the unborn baby is capable of learning, hearing, responding to voices and sounds including music, sensing their parent's feelings toward them, and responding to love.

All of this information involving water crystals, plants, babies in the womb, and music quite strongly reveal that there is a profound relationship between what you confess and what you possess.

## DISCARDING MEDICAL LINGO

When I think back to the first time I communicated with patients, I was quite surprised that I wasn't always understood even though I was using the same English language. I didn't realize we spoke the same language, but I was confusing them with medical terminology. They would often say, "I don't understand."

Then I began to realize that my doctorology was only familiar to me, not my patients. I had to educate myself to be ever so careful when speaking medically confusing words especially such giants as telling my patient they had, "Unilateral homonymous hemianopsia."

This patient with the eye problem said to me, "Let's break this down into English." I had to learn how to translate my medical lingo so people could be enlightened and comprehend. The Bible has a great way to summarize this: reliable communication permits progress.

Another discipline I encountered while I was focusing on better ways to talk and be understood was the direction of attorneys who really emphasized this skill. You doctors are quite familiar with these experts, who

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are really there to protect you. I was instructed to start monitoring my words and to speak precisely and specifically to patients to avoid any potential malpractice suits.

My initial impression had been that harmony and rapport in the doctor-patient relationship prevented being sued. But I was rightly informed that anything you say or don't say can and will be used against you regarding anything that you do or don't do for your patient.

## DEATH—OR LIFE?

When I entered the supernatural world of speaking spiritually, I had to be reprogrammed. This required a paradigm shift along with the maturity of developing a unique awareness of proper dialogue. This is accurately captured in the Scripture from Proverbs 18:21: "*Death and life are in the power of the tongue, and they who indulge in it shall eat the fruit of it [for death or life].*"

Did you notice that God put death before life in this verse because of the serious impact the wrong words could have on your being? One of the ways I gained healthier control of what I said was to memorize Scriptures. This not only brought out the power of the words in the Scriptures, but enabled me to apply it so that there were positive affects on daily living.

I preferred to memorize the King James translations because I thought it was more poetic "*He who guards his mouth keeps his life, but he who opens wide his lips comes to ruin*" (Proverbs 13:3).

This Scripture reveals that demons are responsible for this destruction because they can enter through the

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inappropriate use of your tongue and mouth. The significance of “bad” words has been researched by a group of psychologists and they have determined that you need to speak thirteen positives to overcome one negative.

So, avoid getting hung by the tongue! Would you like to prove this? Just memorize the above two Scriptures from Proverbs 13:3 and 18:21 just for a start and you’ll see for yourself the control and power you’ll have as you speak more carefully and even accomplish more.

Read about the power of your tongue through this Scripture to avoid enormous damage and destruction that can start as a spark: *“Likewise, look at the ships: though they are so great and are driven by rough winds, they are steered by a very small rudder wherever the impulse of the helmsman determines. Even so the tongue is a little member, and it can boast of great things. See how much wood or how great a forest a tiny spark can set ablaze! And the tongue is a fire. [The tongue is a] world of wickedness set among our members, contaminating and depraving the whole body and setting on fire the wheel of birth (the cycle of man’s nature), being itself ignited by hell (Gehenna)”* (James 3:4-6).

## A SPIRITUAL VOCABULARY

The greatest challenge I experienced in learning to use positive words was for my mind to be “open” so I could eliminate the programmed way I use to talk using those uncontrolled thoughts. I wanted to know how to achieve the results I wanted. I was asking, “How do I learn to incorporate positive and spiritual words like

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“healed” and “miracles” into my vocabulary and, “How do I eliminate negative words like “no hope” and “remission?”

I was informed that the only answer was to study, read the Bible, and learn the way Jesus would speak. I was told to start thinking about what I was going to say before I spoke so I would be pleased with what I heard. You have been informed to speak what you want rather than what you have. This is Jesus’ idea so we are calling those things which don’t exist as if they are things which do exist. It’s no different than God giving life to the dead so they become alive.

God does give life to the dead. He talks to those things which are not seen and do not exist just as though they did. This, of course, is only possible and believable in the spiritual realm. He calls those things into existence that you can’t see. He calls them forth and speaks them into being as if they are and the truth is that they do exist in heaven. This means you have to be careful what you say with your tongue and mouth on a 24/7 basis because this can become a negative self-fulfilling prophecy and opens the door to actually happening through demonic spirits.

## SPEAK TRUTH IN ADVANCE

Now that you understand the importance of speaking positive words that you release from your tongue and mouth, let me give you the spiritual or supernatural basis that supports the reason why you can actually say and speak what you want instead of telling it the way it is.



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This basic and foundational Scripture is from Romans 4:17: “*Who gives life to the dead and speaks of the nonexistent things that [He has foretold and promised] as if they [already] existed.*”

This means that Jesus wants you to start speaking about what you want instead of talking about what’s going on with your situation. He is telling you to believe those things that don’t exist as if they do exist. It’s no different than speaking the truth in advance. You are not speaking from your mind, but through your spirit. When you do that you are speaking faith.

This explanation will continue to satisfy your need to be able to comprehend this matter and then be able apply it with success from your spiritual understanding. You probably already appreciate that the Bible also encourages you to talk to your mountains through Jesus, rather than speaking to Jesus about your mountains.

## BELIEVE, THEN SPEAK

When you instruct your patients, they need to appreciate that the mountains in their life can refer to hindrances, barriers, challenges, negative situations, etc. They can represent any stronghold in their life that they need to overcome that would otherwise prevent them from moving on to recovery. They need to live with the peace that God intended them to have.

Tell them the way to remove mountains is by their faith with the truth of God’s Word.

The apostle Paul helps us understand this more clearly in 2 Corinthians 4:13: “*Yet we have the same spirit of faith as he had who wrote, I have believed, and therefore have I spoken. We too believe, and therefore we speak.*”

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Read that verse again to confirm what you spoke: “*I have believed, and therefore have I spoken.*”

It’s always going to sound irrational to the world when a Christian talks as if what God has promised is a reality, especially when those promises seem to contradict the natural evidence around you. But if you want to keep the enemy defeated, this is the kind of talking you’d better be doing.

## LET YOUR FAITH SPEAK

From a worldly point of view, the importance of words that I have been fussing with endlessly sounds foolish, but, 1 Corinthians 1:27 explains it quite clearly: “*[No] for God selected (deliberately chose) what in the world is foolish to put the wise to shame, and what the world calls weak to put the strong to shame.*”

God doesn’t wait for circumstances to line up before He speaks. He causes them to line up *because* He speaks. You can do the same thing if you’ll make your words agree with His and speak them out of your mouth by faith.

“But what if nothing happens right away?” you may ask. “What if the circumstances don’t immediately change?”

When Jesus spoke to the fig tree in Mark 11:14, He didn’t go back and check to see if anything had happened to it. No, once He had spoken it, He considered it done. “*And He said to it, No one ever again shall eat fruit from you. And His disciples were listening [to what He said].*”

Follow His example. Let your faith speak. If you would consider your faith as having the same power as

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gravity, you would always see results because of the respect and godly fear you would have because gravity doesn't have to be tested. Both faith and gravity are a law. Agreeing with God's Word is the only way to go.

### A NEW LANGUAGE

Now that we have covered this information, let's really talk about specifics and ask the question, "Can you actually talk to your patient from the spiritual aspects about their sickness and disease?"

This was a rather distressful undertaking for me for I now had to face a 360 degree contrast in comparison as to how I already spoke to patients from the medical point of view. This was like a new language and contradictory to my training in communicating with them. I had to change my attitude, my manner, and my method in talking.

When you focus on God's Word in the Bible and compare it to how doctor words are used, there is a huge difference. It doesn't seem right or make sense yet, the Bible is never wrong—never has been, and never will be. Yet, very rarely does a patient ever question that negative report given to them from their doctor. Have you ever heard the patient ask, "Well, Doctor, now tell me what does God's Word say about this cancer you told me about?"

Can I ask you another question? Would you be upset if your patient decided not to accept what you told them because it contradicted what the Bible stated?

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## A POSITIVE REPORT

The toughest challenge in my career was to fail or not to be right. You could call that pride or ego. EGO means **Edging God Out**. If I ever wrote a book to explain this, I would probably call it, *I've Worked and Trained Much too Hard and Much too Long with too Much Experience to Ever be Wrong*.

The word your patient receives through their ear gate and their eye gate, regarding their health, is an extremely sensitive spiritual issue. You know that God has created a built-in healing system in your body that has been fashioned specifically for a long quality of life (see Genesis 6:3).

This requires you to nurture and maintain your temple as well as that of your patients. A good example is that football fan who didn't know he injured his thigh climbing up the bleachers to find a seat to watch the game. After the game, as he was about to leave, he noticed blood on his pants, and quickly saw this large laceration through his torn pants. The reason he was asymptomatic and pain free was due to the endorphins and encephalon's that were released from his brain that acted like an anti-pain "morphine-like substance."

In order to maintain your patient's healing system in good working order, your vital medical information for them has to be translated into a positive report using positive words. This requires mixing together what you call the facts, which are all subject to change, and the spiritual words available to you from the Bible.

You already know that when patients hear negative words, they react with fear, despair, hopelessness,

depression, and even panic. You can readily understand how your patient's illness can be intensified or worsened with inappropriate medical words, especially from their doctors who they consider their authority figures.

Here's something I didn't appreciate initially. My spiritual counselors told me that Jesus is the authority figure, not me, and He is the one patients need to obey even if the Bible words are in disagreement with the doctor's words. After all, Jesus is the Word. Since Jesus can heal every sickness and every disease, you no longer have to be faced with telling them only what your attorney has termed the "so-called truth." The Word offers an alternative which you can speak with authority.

When they are informed of their diagnosis, which can be at the extreme gamut of the worse scenarios such as their death sentence, this is actually a lie. According to the Bible, they are being deceived. This actually becomes a curse if they believe it and accept it into their heart. Just because they can't be healed through the medical and scientific method may be a fact, but it's not the truth.

## ELIMINATE THE DEATH SENTENCE

The mighty name of Jesus is a name more powerful than any given medical diagnosis, for the Scriptures establish that every sickness and disease has to bow to the name of Jesus. This is exactly what occurs in the spiritual world of the evangelist and anyone else who is laying hands on the sick including you doctors (see Philippians 2:9-10).

When the patient hears they only have "x" months to live, not only is there no scientific method to accurately

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ascertain this, there are no known formulas that can be used. It's actually the fear that develops from that death sentence which brings that thought into reality. This medical message becomes registered in their thought mind and can actually break down their immunological system. The Bible states that the thought that has been pronounced is being converted into belief and then spoken into existence (see Job 3:25).

There are far too many testimonies that contradict the death notice in which patients completely recover. I believe that some of our training and involvement in medicine conveys to us the impression that M.D. could mean Medical Deity. I myself started referring to M.D. as Mirth Dispenser. It always fascinated me that Jesus never had a title or an identity crisis.

## THE MEDICINE OF LAUGHTER

Let me share a word concerning the power of laughter. Laughter in the spirit is really the echo of God's laughter in heaven. It is a weapon against the plans of the enemy for the devil becomes upset when we laugh at challenges because he realizes we are on to him. I call this victory!

Remember that a day without laughter is a wasted day. I mentioned this because there is a documented medical testimony from Norman Cousins, who was the Editor of the Saturday Review of Literature. He laughed his way out of sickness being healed of ankylosing spondylitis and later a massive heart attack. He signed himself out of a hospital and into a hotel room when he discovered that laughter released him from pain for

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several hours. He watched all the Marx Brother movies and his friend Alan Funt's video clips of Candid Camera shows. The book he wrote to substantiate this was entitled *Anatomy of An Illness*. He believed it was important to have many hearty belly laughs every day.

It's biblical: "*A happy heart is good medicine and a cheerful mind works healing, but a broken spirit dries up the bones*" (Proverbs 17:22). This Scripture is actually saying that a merry heart is medicine. As you already experienced, I have taken the liberty of inserting some humor into this handbook.

Whoops. I just thought about Jack Benny who came to the White House on a special visit carrying his violin case. One of the security guards approached him and asked what he had in the container. In keeping with his usual comedy character, he responded, "A Tommy-gun."

The guard answered as if he was part of the routine, "Thank God. I thought it was your violin!"

## SET PEOPLE FREE!

Your mandate, doctor, is to set the captives free from sickness and disease. Jesus has redeemed us from our bondage of sin through His grace and unfathomable love. He has provided a way for us to escape our previously separated and sinful condition and reclaim all that was previously lost that has now been returned.

Your command is to set people at liberty from sickness through the gift of communication utilizing the Word of God.

Dear Doctor, thank you for loving the Word.





## ELEVEN

# DON'T I ALREADY KNOW ABOUT THE INS AND OUTS OF SICKNESS AND DISEASE?

**A**s you know, disease is an impairment of any normal functioning part of the body that is typically manifested by distinguishing signs and symptom. It has also been defined as harmful development of the performance of a vital function.

Did you realize that when you break the word down into its component parts, disease can be summarized as *dis* and *ease*, or un-easy, ill at ease, or not at ease.

The question is, are you having dis-ease because you're opening the door to sickness perhaps through daily repeated stress to both the inside and outside of your body?

I told a patient they had a bug called "stresstococcus"

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that wasn't responsive to any antibiotics, just Jesus. You need to help your patient who is carrying around all that "emotional junk." One doctor friend told me that he believed that eighty percent of all diseases are above the ears.

There are many great medical texts and journal articles written to explain the etiology of sickness and disease such as the formation of antibodies as the result of stimulation to your immune system which leads to autoimmune diseases. How about the formation of free radicals from our foods that set in motion an oxidation process of cell degeneration?

Reaction to stress is healthy and normal, but what's the effect if it's persistent. You do realize that persistence will eventually wear out resistance? There is little doubt that many sicknesses and diseases occur as the result of things we do or shouldn't do. What I'm leading up to is that since Jesus has already healed whatever sickness and disease that exists in your flesh, we need to reprogram our mind with an attitude of refusing to accept them.

## FEAR-FILLED MESSAGES

The media headlines unintentionally support medical problems. For example, there are many newspaper articles and television commercials that set us up such as "Get Ready for the Outbreak of Swine Flu." Or the television advertisement that promotes negative encouragement such as: "Are you worried about getting breast cancer?" What about, "Your Urologist knows about your prostate cancer risks. Have you discussed this with him?"

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The commercials appear to be based on helping by prevention, even though the messages are filled with fear and often times include obvious overtones of selling “needed” medications.

The devil continuously attempts to flood negative thoughts into your patient’s mind who in turn entertains them until they’re just one step away from receiving them. When you start to fear all the negative possibilities that could happen, your patient becomes like a Job with his negative thinking (see Job 3:25). The truth is that all of this is controllable.

On the other hand, a positive media approach is impractical and at least, significantly challenging given today’s secular world.

When you begin to read, walk, breath, and live the Bible, it will no longer be a concern. Say goodbye to anxiety, worry, unrest, disease, disquiet, apprehension, alarm, and fear.

## THE REAL CULPRITS

Many of the real culprits for sickness and disease can be traced to your patients’ poor nutrition and lifestyle with their eating and inappropriate food habits, the toxins in their environment, dependency on use of medications, insufficient water intake, lack of exercise with a sedentary life style, sleep deprivation, persistent repeated strife and stress, and obesity.

According to a report from the Centers for Disease Control and Prevention (CDC) all adult men and women are roughly an inch taller than they were in 1960, but are

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nearly 25 pounds heavier on an average as well. As focused as this handbook is for your spiritual training, medical reports indicate that these above captioned challenges are responsible for many sicknesses and diseases including one third of cancer deaths. Fibromyalgia and lupus has even been traced to an artificial-type sugar substitute.

In other words, your patient opens the door to sickness and disease through their carelessness and indifference to their body needs which results in ensuing deteriorating weaknesses. This weakness then exposes them to demonic activities. For example, you know that our bodies fight cancer cells frequently, but win because we protect ourselves with appropriate attitudes and nutritional and physical maintenance. But start stressing your immunological system with improper and inappropriate activities and you'll need to call for help long before you expected to.

## THE PRIORITY OF GOOD HEALTH

Stress and its associated emotions are reported to be responsible for a large portion of your patient's unhealthy conditions. This is responsible for the production of toxic products into their system that actually causes damage to their body including their nervous system.

But you doctors are all aware of your patient's struggle to control the flesh and bypass their spirit. You could blame this on the devils tactics, but the truth is that our will is actually in charge of the flesh, not the devil;

and as you know, pride goes before the fall. This food challenge is basically the fight between the food monster and the food police.

There has to be a positive persistent priority program pushing patients to prevention toward perfecting their posture for God's preference of proper eating. A simple synopsis for this is that all around good health is a far better choice than having to get healed.

My book, *Lean God's Way*, was written for the Saints to lose weight through the Holy Spirit.

## YOU ARE HIS ASSOCIATE

I want you to appreciate that in your career, as well as mine, there have been numerous lives saved and blessed by you through God's intervention even though we may not have recognized that He was involved. If you were like me, I initially preferred to refer to them as physical recovery rather than spiritual healings.

In my practice, I can quickly recall many acute situations with patients sustaining epidural and subdural hematomas. They deteriorate rapidly from brain and brain stem compression as the result of the accumulation of blood and blood products, swelling, and edema. Unfortunately, the nutritional deficits in the chronic alcoholics didn't help the situation.

I remember driving to the hospital at the same break-neck speed as the person who sustained his injury in order to get to the operating room in time to save their life by decompressing whatever mass had developed. But I knew instinctively in my driving, I was protected.

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God puts so many instincts in you all of the time without your appreciation that you shouldn't take for granted. The point I'm making here is that you have accomplished so many great blessings to incalculable patients as if you were performing as His associate.

### THERE'S ONLY ONE HEALER

There is no limit to how your faith can grow as you witness each and every healing or miracle if you just open your heart and mind as you study this and then go experience it by applying it. You know that wisdom is the application of knowledge.

Again, there is no intention for this handbook to represent a medical text that has to do with either diagnosis or treatment but rather a text entirely focused on the spiritual and supernatural realm. You will appreciate the sharp contrast in the medical conditions that you and I have handled in our medical practice compared to the documented healings and miracles you will witness because it really doesn't make any logical or scientific sense.

In the majority of testimonies, there would be no purpose served to attempt to list the number of healings for each medical condition for if God will heal one carpal tunnel or one mitral valve prolapse, He will heal all of them. He is no respecter of persons.

Again, I am not the healer, only His yielded vessel, like you, but I know who the Healer is and that's why He gets all the credit.

It's important to keep watch and stay concerned with

your healing activities so that you're always on guard less you get touched with the spirit of pride. Remember, pride is how the devil got into trouble in the first place.

Your healing activities, however, will never reach a point that you will develop an insatiable ego that you can't get satisfied. Instead, you will always receive a fulfilling of peace and joy with each healing along with the blessings from the families.

Sometimes I have joked about getting withdrawal from not having the opportunity to heal, but this has more to do with the excitement and thrill of witnessing healings especially for patients with medical conditions that in my practice were previously incurable or terminal. What happened to me is that I became more desperate for those who were hurt and lost than for myself.

## PULLING POWER DOWN FROM HEAVEN

I know you understand that you won't see every person healed that you minister to, otherwise you would be God. But ministering to touch the lives of many with the healing power of Jesus is possible. You have already diagnosed and treated far more sicknesses and diseases than you could even register here. You could call these your new clinical experiences from the spiritual realm.

It is said that reliable communication permits progress which is the key in directing healing to take place. I pray you will apply these teachings to any sickness or disease and expect healing as you perform your verbal fine tuning. You are discovering how to reach up and pull the power down from heaven so your

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patient can benefit and be blessed.

You are already considered a specialist in your chosen field of medicine given what's within you. But you will be amazed and overwhelmed to see how quickly you will be able to apply your new spiritual knowledge along with your previous medical communication proficiency. You will become passionate for the impossible.

Keep in mind that anything out of control is still under God's control. Just ask God to give you supernatural ability in everything you need even as you minister on a case-to-case basis. *"You do not have, because you do not ask"* (James 4:2).

### "CURE THE SICK"

Again, I encourage you to start reading and listening to biblical-based healing books, CDs and DVDs. Start attending healing conference and special meetings. But most of all, stay in God's Word as you grow spiritually.

*"And as you go, preach, saying, The kingdom of heaven is at hand! Cure the sick, raise the dead, cleanse the lepers, drive out demons. Freely (without pay) you have received, freely (without charge) give. Take no gold nor silver nor [even] copper money in your purses (belts)"* (Matthew 10:7-9).

Physician and patient alike, I pray you will make the Lord central to your health and healing. As a result of what you have learned and put into practice, I believe you will have wonderful miracles to report.

In addition, I encourage you to read my book,



HANDBOOK FOR HEALING

*Handbook for Deliverance*, which deals specifically with setting lives free through the spiritual authority we have been given by Christ.

I would love to hear your stories. Feel free to write me at the address on the last page of this book.

May God touch your life and the lives of many because of the commitment you make to serve the Great Physician.

## TWELVE

# HEALING SCRIPTURES

**H**ere are several powerful Healing Scriptures that will make the difference, whether you are a patient needing a touch from God or a doctor ministering healing to those in your care. Your anointing will be made alive as you speak these godly words.

I would like to point out that your ability to memorize is unlimited. Speak that into existence and it will happen because what you confess is what you possess; what you say is what you get. We need to express positive self-fulfilling prophecies so we can receive what we want by what we say.

You may want to place your favorite verses in a notebook or dictate into a voice recorder and carry them around with you as you learn and become familiar with these Scriptures by repeating them.

Each of the following verses are from the Amplified Version of the Bible.

- Exodus 15:26: *“For I am the Lord Who heals you.”*

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- Exodus 23:25: *“You shall serve the Lord your God; He shall bless your bread and water, and I will take sickness from your midst.”*
- Psalm 30:2: *“O Lord my God, I cried to You and You have healed me.”*
- Psalm 103: 2-4: *“Bless (affectionately, gratefully praise) the Lord, O my soul, and forget not [one of] all His benefits—Who forgives [every one of all your iniquities, Who heals [each one of] all your diseases, Who redeems your life from the pit and corruption, Who beautifies, dignifies, and crowns you with lovingkindness and tender mercy.”*

Catch the benefits that are provided for you by the Lord from Psalm 103:

- 1) He forgives all my sins.
- 2) He heals all my diseases.
- 3) He redeems my life from destruction.
- 4) He crowns me with loving kindness and tender mercies.
- 5) He satisfies my mouth with good things so that my youth is renewed like the eagles.
- 6) He executes righteousness and judgment for me against oppression.
- 7) He sets me free.
- 8) He makes known His ways to me.
- 9) He gives me His grace and mercy in times of need.

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- Psalm 107:20: *“He sends forth His word and heals them and rescues them from the pit and destruction.”*
- Psalm 118:17: *“I shall not die but live, and shall declare the works and recount the illustrious acts of the Lord.”*
- Proverbs 4:20-22: *“My son, attend to my words; consent and submit to my sayings. Let them not depart from your sight; keep them in the center of your heart. For they are life to those who find them, healing and health to all their flesh.”*
- Isaiah 53:4-5: *“Surely He has borne our griefs (sicknesses, weaknesses, and distresses) and carried our sorrows and pains [of punishment], yet we [ignorantly] considered Him stricken, smitten, and afflicted by God [as if with leprosy].”*
- Jeremiah 30:17: *“For I will restore health to you, and I will heal your wounds, says the Lord, because they have called you an outcast, saying, This is Zion, whom no one seeks after and for whom no one cares!”*
- Malachi 4:2: *“But unto you who revere and worshipfully fear My name shall the Sun of Righteousness arise with healing in His wings and His beams, and you shall go forth and gambol like calves [released] from the stall and leap for joy.”*

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- Matthew 8:7-8: *“And Jesus said to him, I will come and restore him. But the centurion replied to Him, Lord, I am not worthy or fit to have You come under my roof; but only speak the word, and my servant boy will be cured.”*
- Matthew 8:13: *“Then to the centurion Jesus said, Go; it shall be done for you as you have believed. And the servant boy was restored to health at that very moment.”*
- Matthew 8:16-17: *“When evening came, they brought to Him many who were]under the power of demons, and He drove out the spirits with a word and restored to health all who were sick. And thus He fulfilled what was spoken by the prophet Isaiah, He Himself took [in order to carry away] our weaknesses and infirmities and bore away our diseases.”*
- Mark 5:34: *“And He said to her, Daughter, your faith (your trust and confidence in Me, springing from faith in God) has restored you to health. Go in (into) peace and be continually healed and freed from your [distressing bodily] disease.”*
- Mark 11:22-24: *“And Jesus, replying, said to them, Have faith in God [constantly]. Truly I tell you, whoever says to this mountain, Be lifted up and thrown into the sea! and does not doubt at all in his heart but believes that what he says will take place, it will be done for him. For this reason I am telling you, whatever you ask for in prayer, believe (trust*

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*and be confident) that it is granted to you, and you will [get it].”*

- Galatians 3:13: *“Christ purchased our freedom [redeeming us] from the curse (doom) of the Law [and its condemnation] by [Himself] becoming a curse for us, for it is written [in the Scriptures], Cursed is everyone who hangs on a tree (is crucified).”*
- Hebrews 11:1: *“Now faith is the assurance (the confirmation, the title deed) of the things [we] hope for, being the proof of things [we] do not see and the conviction of their reality [faith perceiving as real fact what is not revealed to the senses].”*
- Hebrews 13:8: *“Jesus Christ (the Messiah) is [always] the same, yesterday, today, [yes] and forever (to the ages).”*
- 3 John 2: *“Beloved, I pray that you may prosper in every way and [that your body] may keep well, even as [I know] your soul keeps well and prospers.”*

# SICKNESSES AND DISEASES THAT JESUS CANNOT HEAL

No, not one!

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